

DEMOGRAPHICS COMMUNITY PROFILE

SRPC <sup>FISCAL
YEAR</sup> '26
DATA SNAPSHOT

ACCEPTED:

STRAFFORD
Regional Planning Commission

SRPC Regional Data Snapshot

This document is a component of the SRPC Regional Data Snapshot.

SRPC conducts region-wide analysis of a number of data metrics each year for different projects and plans. The Regional Data Snapshot has been published annually since 2021 in April of each year. The Regional Data Snapshot covers demographics, economic vitality, livability and quality of life, mobility and accessibility, and resiliency.

The Data Snapshot Community Profiles are a complimentary series of documents that summarize the data found in the Regional Data Snapshot at the municipal level. These documents are prepared for each of the municipalities in the region and by chapter of the Regional Data Snapshot.

The Regional Data Snapshot and all of the Data Snapshot Community Profile documents can be found on the SRPC website at <http://straffordrpcnh.gov/measure/data-snapshot>.

Included Documents



Regional Data Snapshot



Community Profiles by Topic



Community Profiles by Municipality

Staff



Rachel Dewey



Mark Davie



Stephen Geis

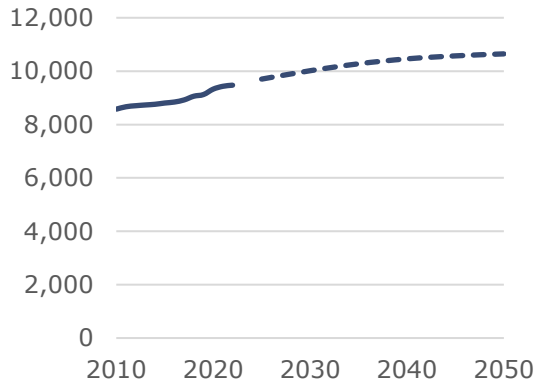


Brian Notinger

Community Profile

Demographics: Barrington, Strafford County

Population Trends and Projections



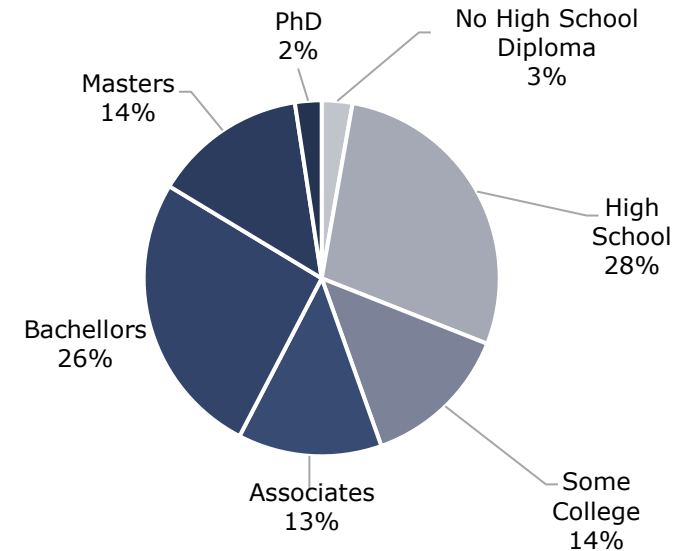
Population by Sex



Population by Race

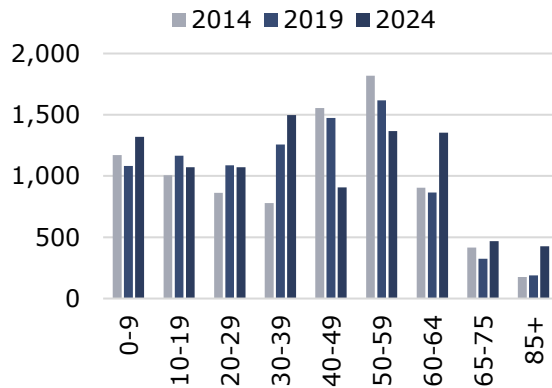
	2014	2019	2024
Non-Hispanic White	97.9%	95.5%	86.3%
Black	0.0%	0.0%	1.7%
Native American	0.1%	0.0%	0.1%
Asian	0.3%	2.8%	0.3%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.2%	0.0%	0.6%
Two Or More	0.8%	0.8%	8.2%
Hispanic	0.7%	0.9%	2.8%

Educational Attainment of Adults



Population over 25: 6,452

Population by Age



Sources of Population Change

Births	877
- Deaths	-495
+ Migration	368
Total Change (2010-2019)	750

Population with a Disability¹

	2014	2019	2024
With a Disability	958	1,054	1,016

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	92	511	328	412	1,343
'15/'16	100	523	314	421	1,358
'16/'17	100	515	313	437	1,365
'17/'18	101	503	329	419	1,352
'18/'19	101	512	319	431	1,363
'19/'20	100	525	322	434	1,381
'20/'21	100	479	313	469	1,361
'21/'22	99	527	313	486	1,425
'22/'23	91	536	303	473	1,403
'23/'24	102	537	305	454	1,398

Veterans

	2014	2019	2024
Veterans	872	354	669

Median Age

2014	43.4
2019	39.6
2024	38.7

Life Expectancy

83.9	
Under 18	23.7%
Over 65	15.6%

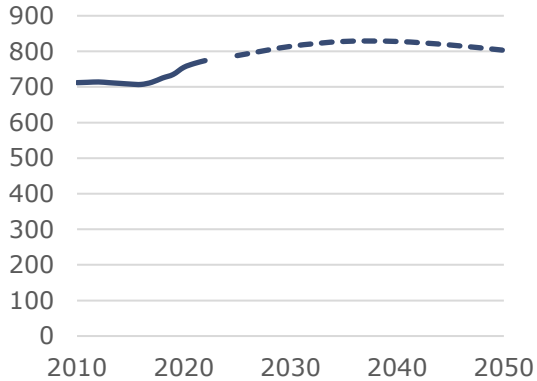
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Brookfield, Carroll County

Population Trends and Projections



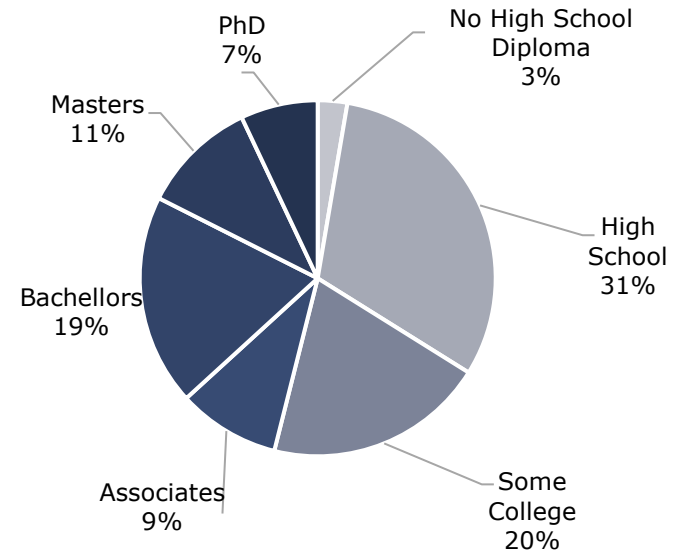
Population by Sex



Population by Race

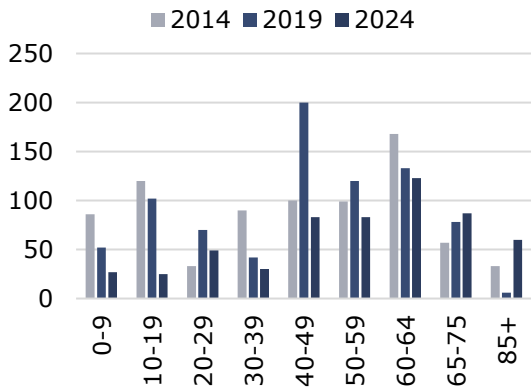
	2014	2019	2024
Non-Hispanic White	97.5%	95.8%	97.0%
Black	0.4%	0.0%	0.4%
Native American	0.4%	0.0%	0.0%
Asian	0.0%	0.0%	0.0%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.0%
Two Or More	1.8%	0.2%	2.5%
Hispanic	0.0%	4.0%	0.2%

Educational Attainment of Adults



Year	2010	2020	2022	2050
Population	712	755	774	804

Population by Age



Sources of Population Change

Births	44
- Deaths	-50
+ Migration	49
Total Change (2010-2019)	43

Population over 25: 484

Population with a Disability¹

	2014	2019	2024
With a Disability	78	86	89

¹ People who reported having a disability when responding to the ACS.

Veterans

	2014	2019	2024
Veterans	81	86	65

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	2	23	20	23	68
'15/'16	6	30	13	35	84
'16/'17	8	23	20	31	82
'17/'18	6	30	14	28	78
'18/'19	9	27	23	23	82
'19/'20	6	35	16	23	80
'20/'21	7	36	18	22	83
'21/'22	2	32	12	22	68
'22/'23	3	29	24	22	78
'23/'24	7	26	25	18	76

Year	Median Age	Life Expectancy
2014	46.7	83
2019	46.8	Under 18: 8.6%
2024	58.1	Over 65: 38.4%

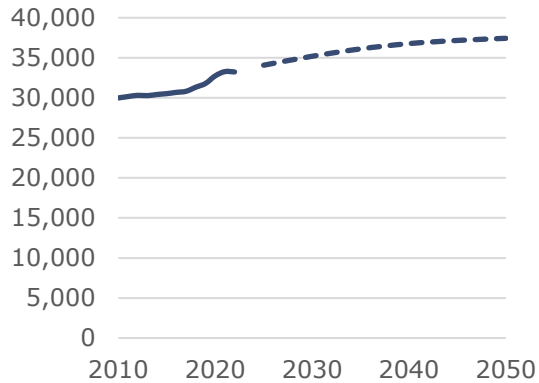
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

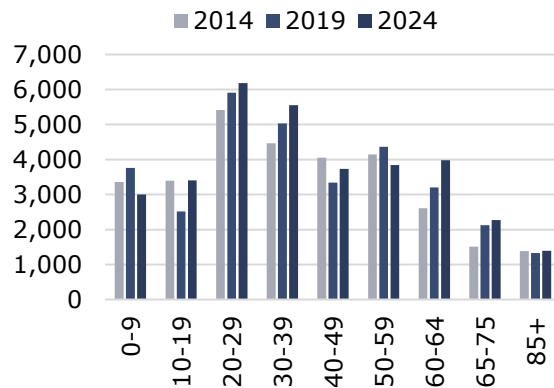
Demographics: Dover, Strafford County

Population Trends and Projections



Year	2010	2020	2022	2050
Population	29,987	32,741	33,234	37,436

Population by Age



Year	Median Age	Life Expectancy	75.5 -
2014	36.6	80.9	
2019	36.1		Under 18
2024	36.9		Over 65

Population by Sex



Population by Race

Race	2014	2019	2024
Non-Hispanic White	90.2%	88.1%	85.3%
Black	1.0%	1.1%	1.2%
Native American	0.1%	0.1%	0.0%
Asian	4.1%	4.1%	4.8%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.7%
Two Or More	3.0%	3.0%	4.5%
Hispanic	1.6%	3.7%	3.5%

Sources of Population Change

Births	3,282
- Deaths	-3,207
+ Migration	2,679
Total Change (2010-2019)	2,754

Population with a Disability¹

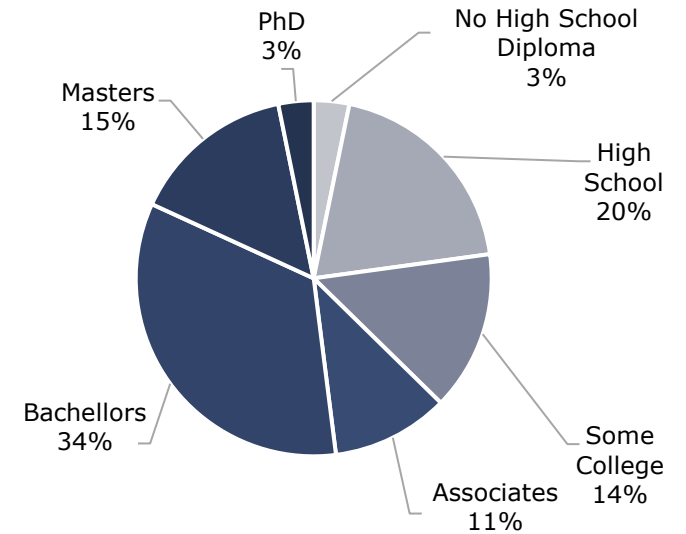
Year	2014	2019	2024
With a Disability	3,439	3,617	3,882

¹ People who reported having a disability when responding to the ACS.

Veterans

Year	2014	2019	2024
Veterans	2,346	2,061	1,509

Educational Attainment of Adults



Population over 25: 23,978

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	316	1,558	849	1,022	3,745
'15/'16	315	1,535	861	1,057	3,768
'16/'17	284	1,490	904	1,055	3,733
'17/'18	285	1,462	955	1,087	3,789
'18/'19	233	1,464	908	1,156	3,761
'19/'20	264	1,361	885	1,204	3,714
'20/'21	193	1,335	834	1,244	3,606
'21/'22	247	1,238	856	1,242	3,583
'22/'23	249	1,244	814	1,199	3,506
'23/'24	244	1,210	798	1,123	3,375

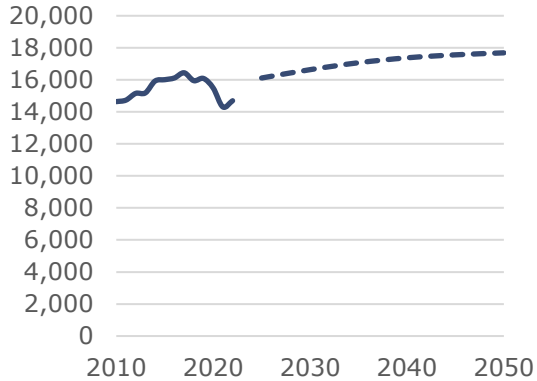
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Durham, Strafford County

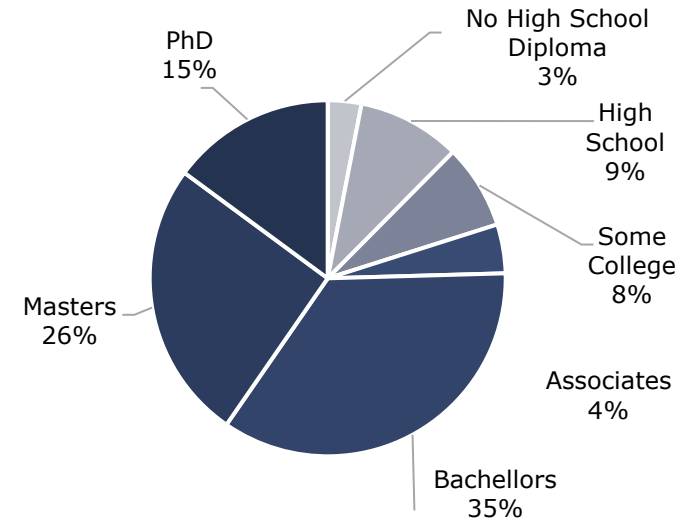
Population Trends and Projections



Population by Sex



Educational Attainment of Adults



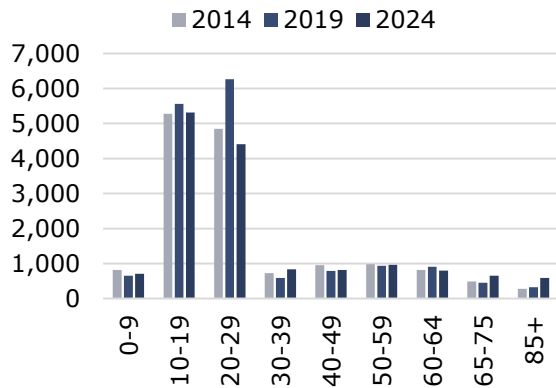
Year	2010	2020	2022	2050
Population	14,638	15,490	14,695	17,685

Population by Race

Race	2014	2019	2024
Non-Hispanic White	89.6%	89.7%	85.8%
Black	0.5%	0.8%	0.4%
Native American	0.0%	0.0%	0.0%
Asian	5.0%	4.9%	4.0%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.1%	0.2%	0.2%
Two Or More	2.8%	2.5%	5.3%
Hispanic	1.9%	2.0%	4.4%

Population over 25: 4,969

Population by Age



Sources of Population Change

Births	338
- Deaths	-514
+ Migration	1,028
Total Change (2010-2019)	852

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	49	349	245	308	951
'15/'16	49	340	243	305	937
'16/'17	53	346	234	317	950
'17/'18	51	352	241	314	958
'18/'19	41	350	240	311	942
'19/'20	54	330	235	313	932
'20/'21	45	318	228	314	905
'21/'22	60	307	217	333	917
'22/'23	49	307	233	316	905
'23/'24	50	296	242	301	889

Population with a Disability¹

Year	2014	2019	2024
With a Disability	991	1,033	1,281

¹ People who reported having a disability when responding to the ACS.

Veterans

Year	2014	2019	2024
Veterans	553	366	377

Year	2014	2019	2024
Median Age	20.7	20.8	20.8
Life Expectancy	83.6		
Under 18	10.3%		
Over 65	11.5%		

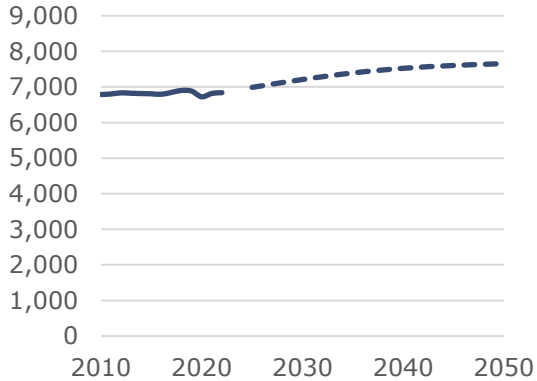
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

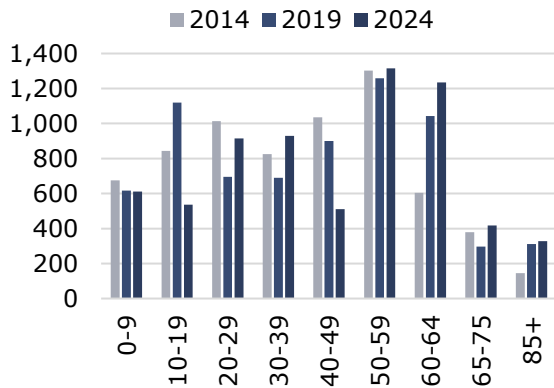
Demographics: Farmington, Strafford County

Population Trends and Projections



Year	2010	2020	2022	2050
Population	6,786	6,722	6,839	7,656

Population by Age



Year	Median Age	Life Expectancy
2014	40.8	76.5
2019	44	Under 18: 16.1%
2024	49.1	Over 65: 18.5%

Population by Sex



Population by Race

Race	2014	2019	2024
Non-Hispanic White	97.4%	95.9%	92.4%
Black	0.0%	0.0%	1.1%
Native American	0.0%	0.0%	0.1%
Asian	1.1%	1.0%	1.1%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	1.5%
Two Or More	0.9%	1.8%	3.3%
Hispanic	0.7%	1.3%	0.6%

Sources of Population Change

Births	727
- Deaths	-607
+ Migration	-184
Total Change (2010-2019)	-64

Population with a Disability¹

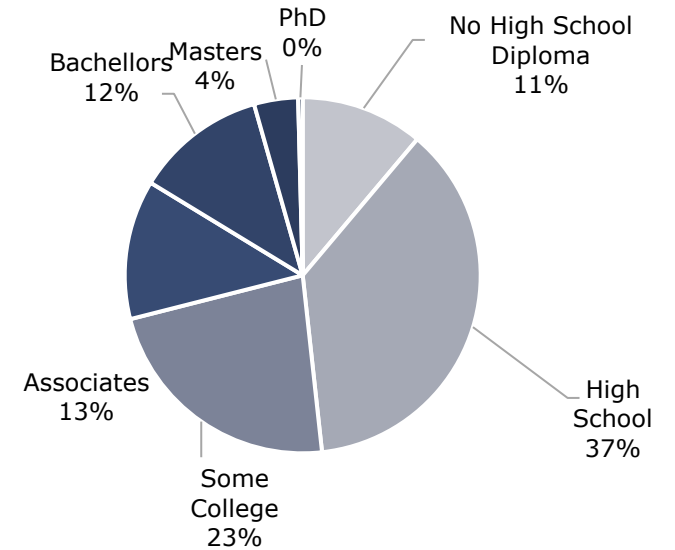
Year	2014	2019	2024
With a Disability	1,293	1,057	1,322

¹ People who reported having a disability when responding to the ACS.

Veterans

Year	2014	2019	2024
Veterans	545	680	545

Educational Attainment of Adults



Population over 25: 5,124

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	72	354	222	313	961
'15/'16	67	370	223	294	954
'16/'17	72	347	217	261	897
'17/'18	60	346	191	260	857
'18/'19	60	326	190	273	849
'19/'20	54	301	183	258	796
'20/'21	50	282	185	247	764
'21/'22	50	296	177	248	771
'22/'23	54	295	181	236	766
'23/'24	59	265	181	232	737

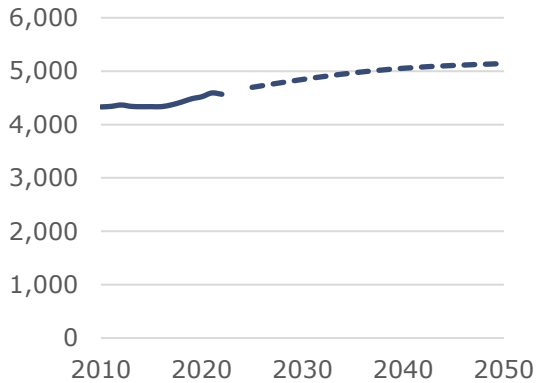
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

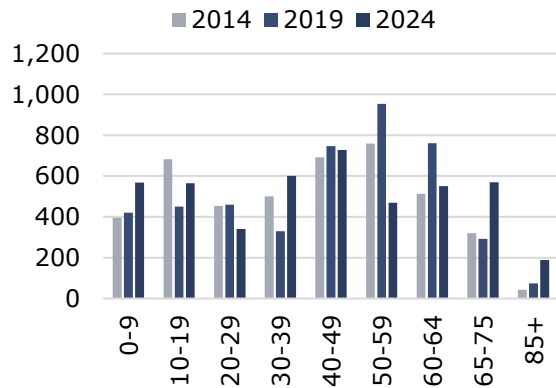
Demographics: Lee, Strafford County

Population Trends and Projections



Year	2010	2020	2022	2050
Population	4,330	4,520	4,567	5,142

Population by Age



Year	Median Age	Life Expectancy
2014	41.7	81.2
2019	47.8	Under 18: 21.9%
2024	42.9	Over 65: 22.6%

Population by Sex



Population by Race

Race	2014	2019	2024
Non-Hispanic White	92.6%	84.7%	82.1%
Black	0.0%	0.0%	0.1%
Native American	0.0%	0.0%	0.0%
Asian	4.7%	8.7%	4.8%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.0%
Two Or More	0.1%	2.6%	5.6%
Hispanic	2.5%	3.9%	7.4%

Sources of Population Change

Births	341
- Deaths	-245
+ Migration	94
Total Change (2010-2019)	190

Population with a Disability¹

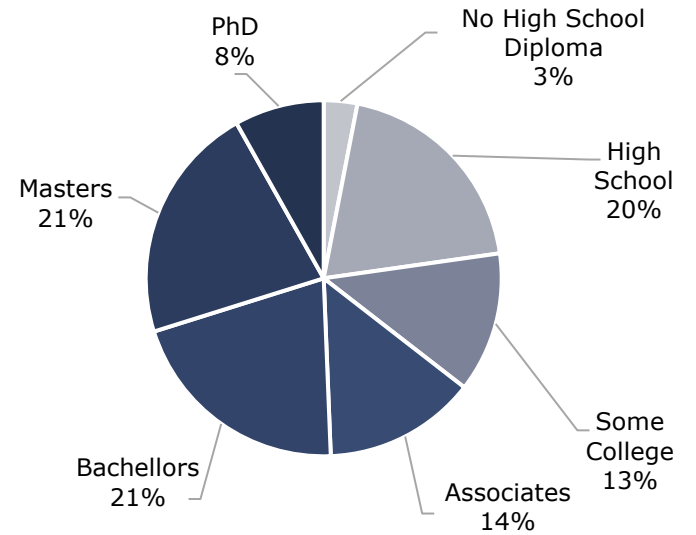
Year	2014	2019	2024
With a Disability	327	317	650

¹ People who reported having a disability when responding to the ACS.

Veterans

Year	2014	2019	2024
Veterans	201	382	186

Educational Attainment of Adults



Population over 25: 3,375

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	36	248	177	227	688
'15/'16	39	233	179	209	660
'16/'17	45	231	181	230	687
'17/'18	48	252	166	236	702
'18/'19	38	263	168	229	698
'19/'20	43	264	164	238	709
'20/'21	40	245	167	227	679
'21/'22	48	239	172	224	683
'22/'23	55	245	178	237	715
'23/'24	46	252	179	230	707

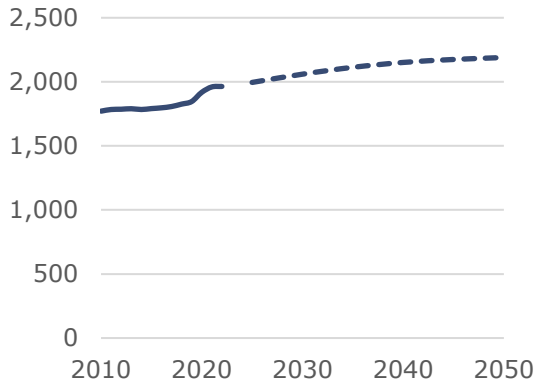
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Madbury, Strafford County

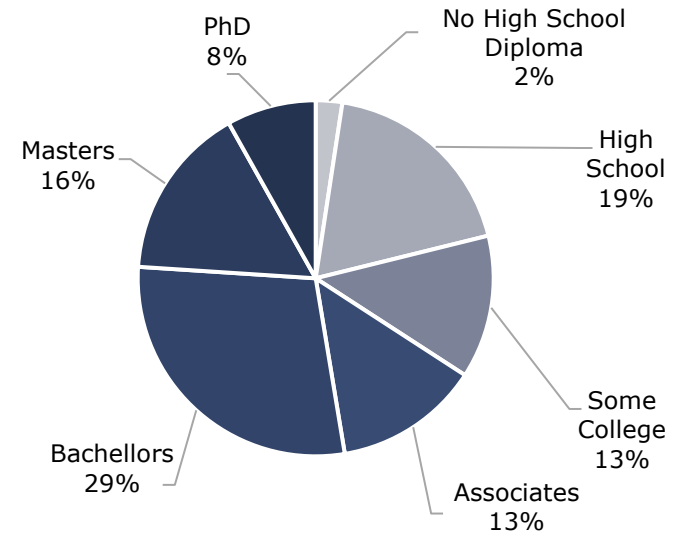
Population Trends and Projections



Population by Sex



Educational Attainment of Adults

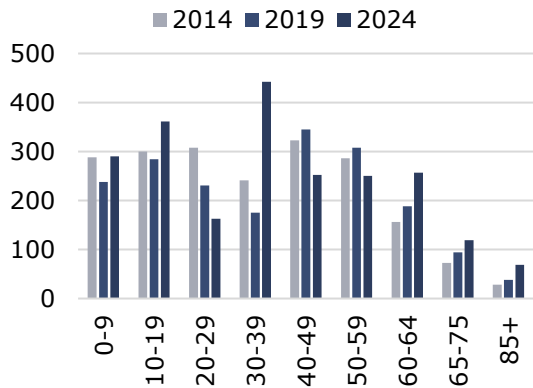


Population by Race

Race	2014	2019	2024
Non-Hispanic White	89.5%	93.6%	81.2%
Black	0.3%	0.0%	2.2%
Native American	0.2%	0.3%	0.0%
Asian	6.4%	3.9%	2.5%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.4%	0.0%	3.7%
Two Or More	2.9%	1.7%	8.6%
Hispanic	0.3%	0.5%	1.9%

Year	Population
2010	1,771
2020	1,918
2022	1,964
2050	2,190

Population by Age



Sources of Population Change

Births	165
- Deaths	-118
+ Migration	100
Total Change (2010-2019)	147

Population over 25: 1,452

Population with a Disability¹

Year	2014	2019	2024
With a Disability	139	107	178

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	26	152	96	108	382
'15/'16	20	149	91	107	367
'16/'17	18	152	94	112	376
'17/'18	22	146	86	105	359
'18/'19	13	143	102	104	362
'19/'20	23	123	107	113	366
'20/'21	16	106	116	116	354
'21/'22	20	98	92	124	334
'22/'23	23	102	82	123	330
'23/'24	23	97	70	130	320

Veterans

Year	2014	2019	2024
Veterans	168	105	87

Median Age

2014	36
2019	41.2
2024	37.7

Life Expectancy

Life Expectancy	81.2
Under 18	29.0%
Over 65	14.3%

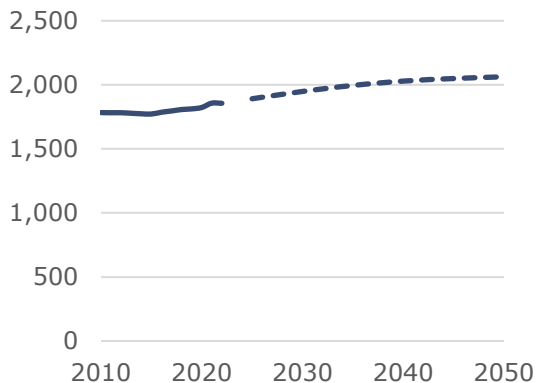
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Middleton, Strafford County

Population Trends and Projections



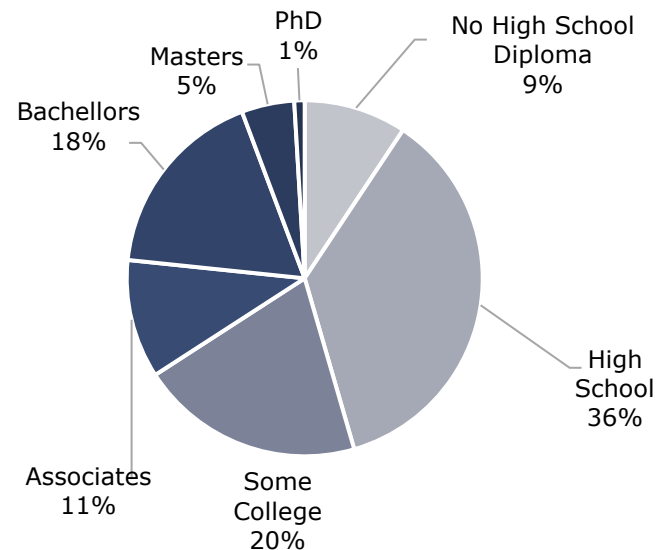
Population by Sex



Population by Race

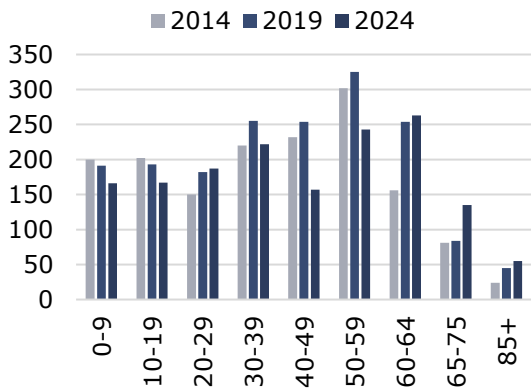
	2014	2019	2024
Non-Hispanic White	96.4%	94.3%	96.6%
Black	0.5%	1.7%	0.0%
Native American	0.2%	0.0%	0.2%
Asian	0.0%	0.3%	1.4%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.0%
Two Or More	1.9%	2.1%	1.1%
Hispanic	1.1%	1.5%	0.7%

Educational Attainment of Adults



Population over 25 1,169

Population by Age



Sources of Population Change

Births	170
- Deaths	-117
+ Migration	-13
Total Change (2010-2019)	40

Population with a Disability¹

	2014	2019	2024
With a Disability	239	176	249

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	16	103	57	82	258
'15/'16	13	93	65	67	238
'16/'17	16	96	62	84	258
'17/'18	17	90	65	75	247
'18/'19	15	92	66	79	252
'19/'20	24	84	59	87	254
'20/'21	23	91	57	78	249
'21/'22	29	97	54	74	254
'22/'23	19	110	55	77	261
'23/'24	17	110	55	68	250

Year	Median Age	Life Expectancy
2014	40.3	82.9
2019	42.4	Under 18 18.9%
2024	43.5	Over 65 18.9%

Veterans

	2014	2019	2024
Veterans	92	151	170

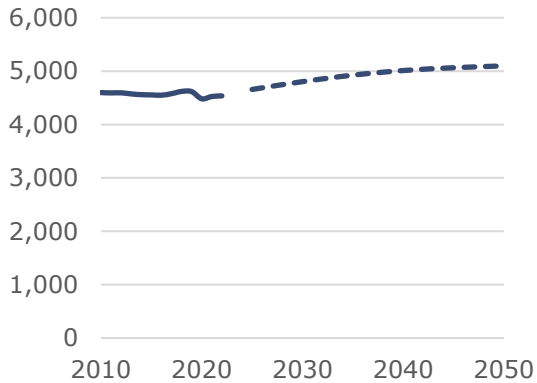
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Milton, Strafford County

Population Trends and Projections



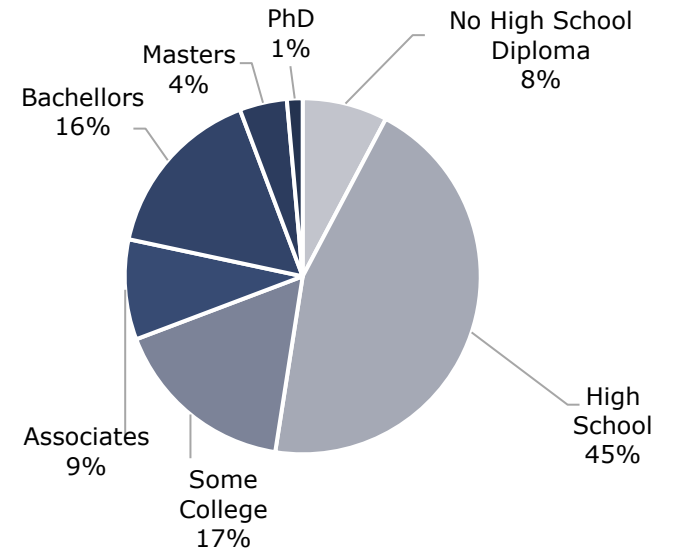
Population by Sex



Population by Race

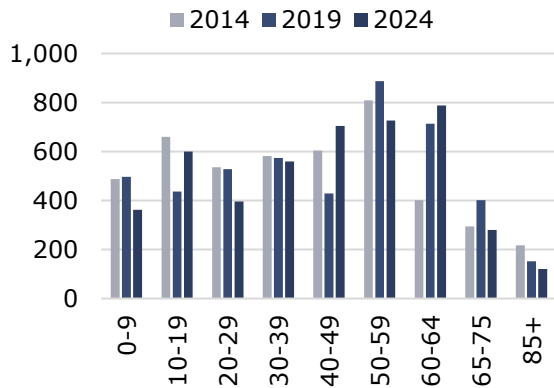
	2014	2019	2024
Non-Hispanic White	98.7%	97.7%	95.0%
Black	0.3%	0.0%	0.0%
Native American	0.0%	0.0%	0.0%
Asian	0.0%	0.3%	1.3%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.0%
Two Or More	0.8%	1.8%	2.8%
Hispanic	0.2%	0.2%	0.9%

Educational Attainment of Adults



Population over 25 3,297

Population by Age



Sources of Population Change

Births	464
- Deaths	-363
+ Migration	-217
Total Change (2010-2019)	-116

Population with a Disability¹

	2014	2019	2024
With a Disability	714	646	857

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	45	200	120	186	551
'15/'16	44	214	112	176	546
'16/'17	30	222	108	172	532
'17/'18	42	203	111	170	526
'18/'19	40	212	118	153	523
'19/'20	41	192	126	141	500
'20/'21	29	184	128	134	475
'21/'22	37	192	130	156	515
'22/'23	36	202	112	151	501
'23/'24	40	199	112	162	513

Year	Median Age	Life Expectancy
2014	41.2	83.9
2019	46.8	Under 18 18.4%
2024	45.7	Over 65 16.1%

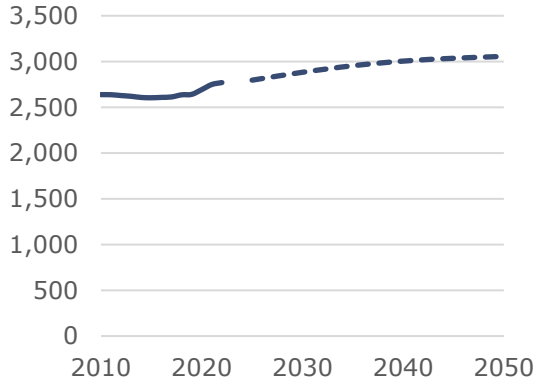
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: New Durham, Strafford County

Population Trends and Projections



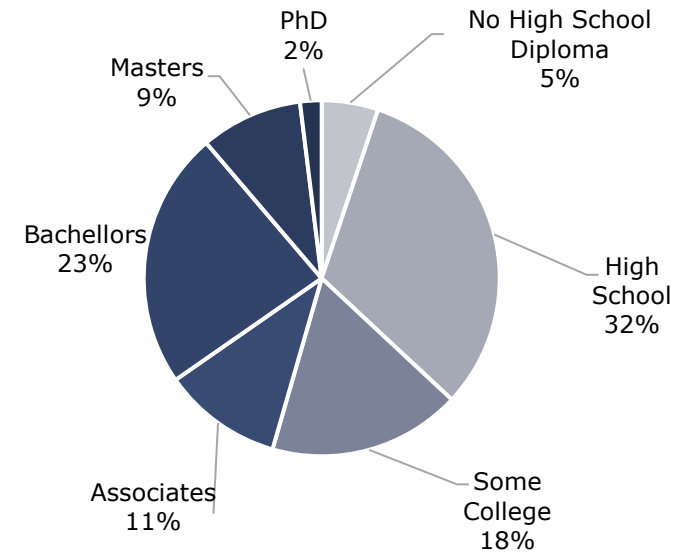
Population by Sex



Population by Race

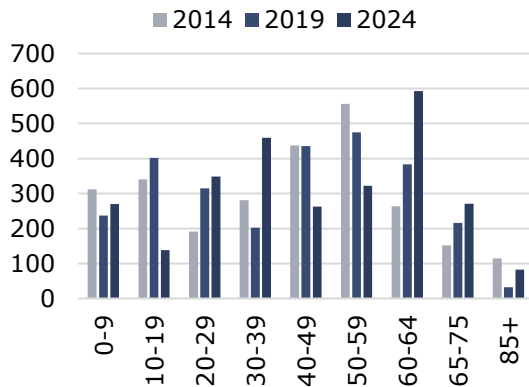
	2014	2019	2024
Non-Hispanic White	99.2%	96.1%	94.6%
Black	0.0%	0.0%	0.0%
Native American	0.0%	0.9%	0.0%
Asian	0.0%	0.0%	0.1%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.0%
Two Or More	0.5%	2.5%	4.0%
Hispanic	0.4%	0.5%	1.3%

Educational Attainment of Adults



Population over 25: 2,198

Population by Age



Sources of Population Change

Births	211
- Deaths	-179
+ Migration	23
Total Change (2010-2019)	55

Population with a Disability¹

	2014	2019	2024
With a Disability	362	340	314

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	26	134	102	133	395
'15/'16	31	130	90	134	385
'16/'17	24	125	79	132	360
'17/'18	24	135	77	126	362
'18/'19	18	127	91	123	359
'19/'20	23	130	74	114	341
'20/'21	23	109	75	101	308
'21/'22	25	123	77	103	328
'22/'23	21	123	86	100	330
'23/'24	22	118	73	107	320

Year	Median Age	Life Expectancy
2014	45.6	82.9
2019	45.7	Under 18: 14.8%
2024	46.5	Over 65: 23.8%

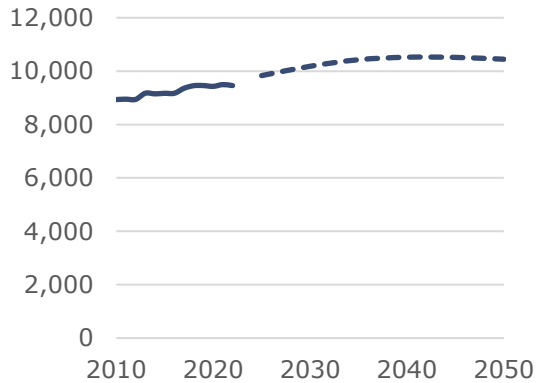
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Newmarket, Rockingham County

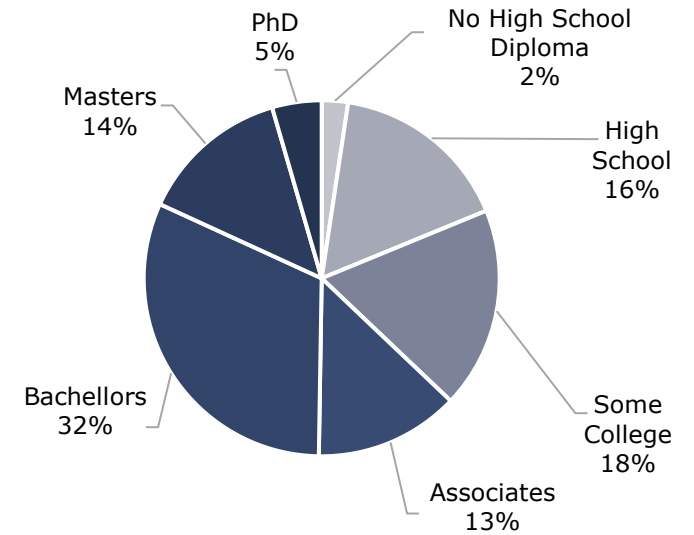
Population Trends and Projections



Population by Sex



Educational Attainment of Adults

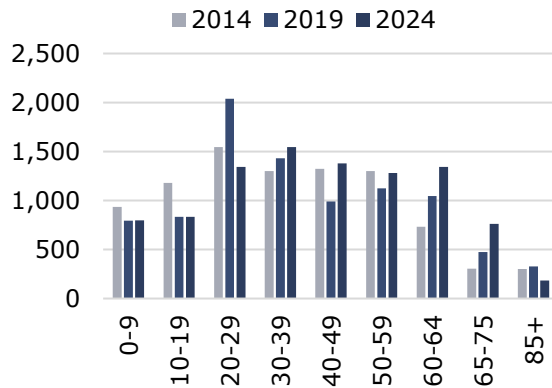


Population by Race

	2014	2019	2024
Non-Hispanic White	87.4%	92.9%	91.1%
Black	1.2%	0.9%	0.6%
Native American	0.2%	0.0%	0.1%
Asian	5.1%	3.7%	1.3%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.2%
Two Or More	1.6%	1.7%	5.3%
Hispanic	4.5%	0.8%	1.4%

Population over 25: 7,368

Population by Age



Sources of Population Change

Births	1,078
- Deaths	-598
+ Migration	14
Total Change (2010-2019)	494

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	76	474	222	254	1,026
'15/'16	81	426	250	271	1,028
'16/'17	85	441	250	257	1,033
'17/'18	80	417	253	275	1,025
'18/'19	88	419	233	299	1,039
'19/'20	84	419	259	295	1,057
'20/'21	58	391	246	318	1,013
'21/'22	83	363	241	277	964
'22/'23	70	379	226	274	949
'23/'24	85	367	227	291	970

Population with a Disability¹

	2014	2019	2024
With a Disability	1,043	933	902

¹ People who reported having a disability when responding to the ACS.

Veterans

	2014	2019	2024
Veterans	589	764	396

Median Age

2014	35.8
2019	36.3
2024	41.2

Life Expectancy

79.4 -	
80.2	
Under 18	15.6%
Over 65	16.1%

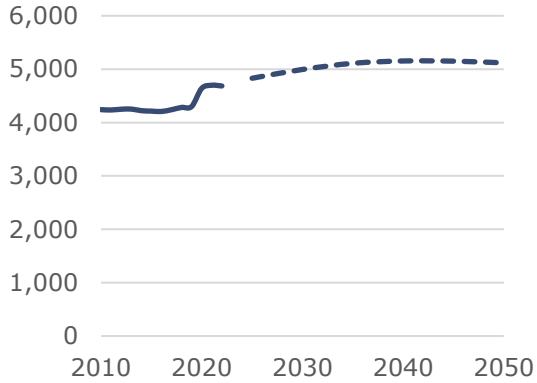
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Northwood, Rockingham County

Population Trends and Projections



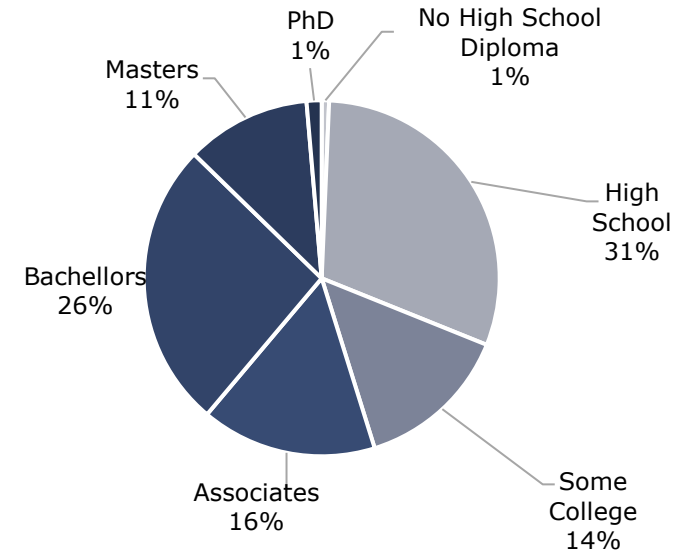
Population by Sex



Population by Race

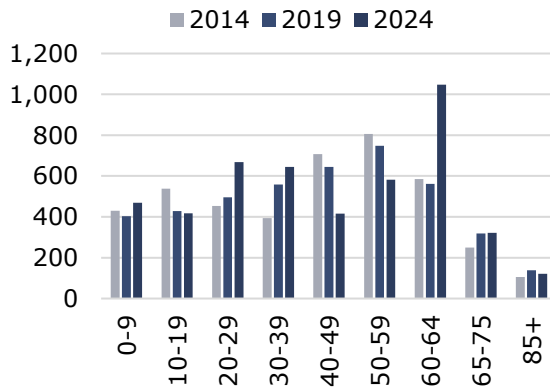
	2014	2019	2024
Non-Hispanic White	93.6%	93.5%	91.2%
Black	0.0%	1.2%	0.3%
Native American	0.0%	0.0%	0.1%
Asian	1.5%	0.5%	0.7%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.0%
Two Or More	2.2%	1.0%	3.5%
Hispanic	2.8%	3.8%	4.2%

Educational Attainment of Adults



Population over 25: 3,585

Population by Age



Sources of Population Change

Births	412
- Deaths	-296
+ Migration	284
Total Change (2010-2019)	400

Population with a Disability¹

	2014	2019	2024
With a Disability	322	531	533

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	42	210	165	243	660
'15/'16	31	224	151	232	638
'16/'17	34	212	135	248	629
'17/'18	41	217	134	250	642
'18/'19	41	210	127	244	622
'19/'20	34	227	141	212	614
'20/'21	26	195	137	190	548
'21/'22	40	180	133	197	550
'22/'23	37	192	138	186	553
'23/'24	40	202	129	194	565

Year	Median Age	Life Expectancy
2014	43.3	78.6
2019	44.2	
2024	42.4	

Year	Under 18	Over 65
2014	18.0%	21.5%
2019		
2024		

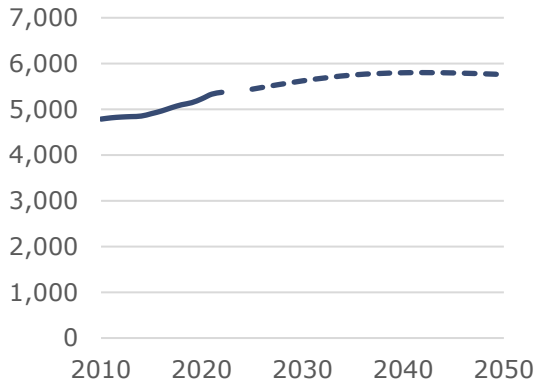
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Nottingham, Rockingham County

Population Trends and Projections



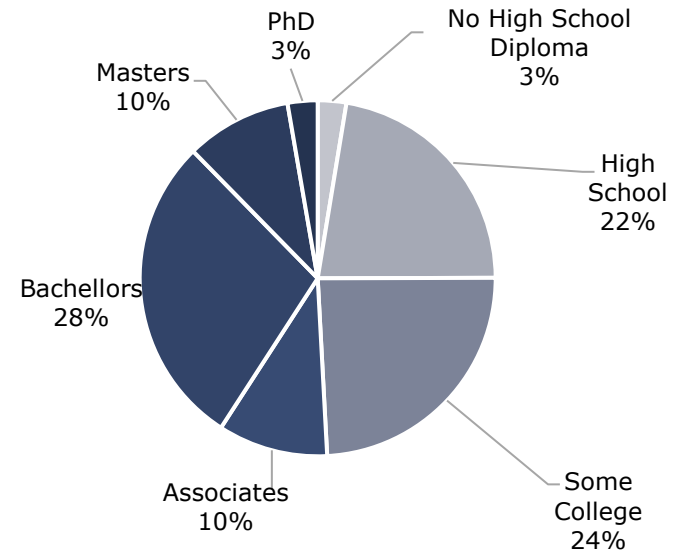
Population by Sex



Population by Race

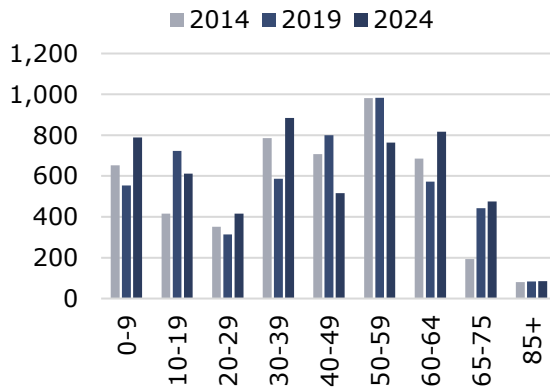
	2014	2019	2024
Non-Hispanic White	97.2%	96.5%	90.3%
Black	0.7%	0.3%	0.0%
Native American	0.0%	0.0%	0.0%
Asian	0.0%	1.0%	0.1%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.8%
Two Or More	1.6%	0.3%	7.1%
Hispanic	0.5%	1.8%	1.7%

Educational Attainment of Adults



Population over 25 3,931

Population by Age



Sources of Population Change

Births	475
- Deaths	-284
+ Migration	253
Total Change (2010-2019)	444

Population with a Disability¹

	2014	2019	2024
With a Disability	398	425	286

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	44	303	169	203	719
'15/'16	52	301	172	209	734
'16/'17	41	298	192	205	736
'17/'18	39	285	192	222	738
'18/'19	46	260	203	239	748
'19/'20	60	256	214	261	791
'20/'21	36	247	201	274	758
'21/'22	47	253	176	274	750
'22/'23	60	259	163	280	762
'23/'24	58	278	154	272	762

Year	Median Age	Life Expectancy
2014	43.7	81.8
2019	44.4	Under 18 23.9%
2024	38.8	Over 65 18.4%

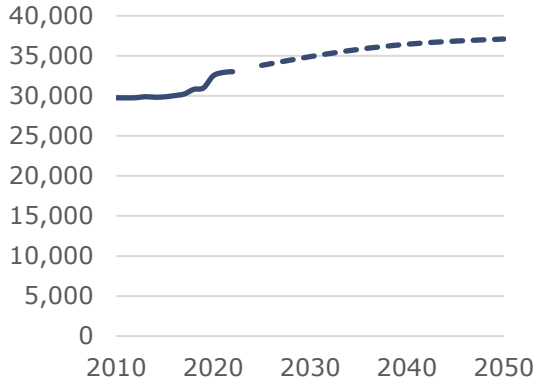
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Rochester, Strafford County

Population Trends and Projections



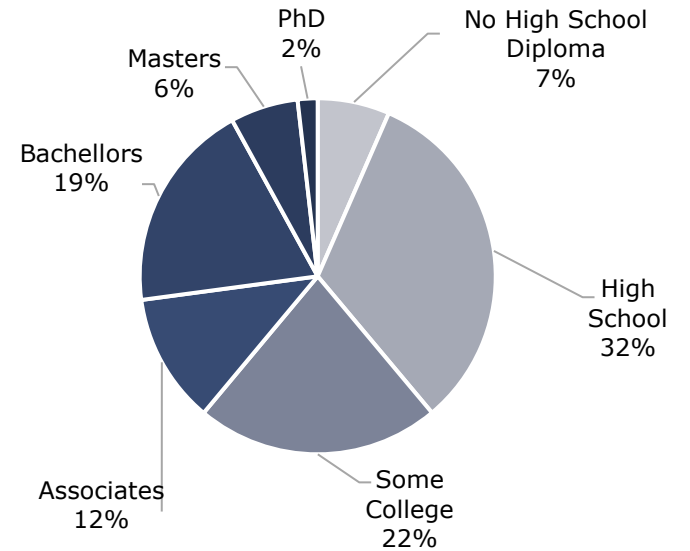
Population by Sex



Population by Race

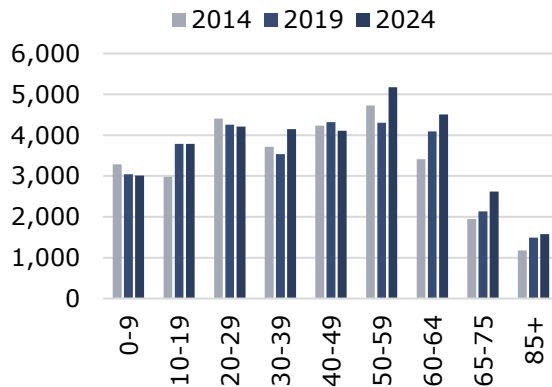
	2014	2019	2024
Non-Hispanic White	94.6%	92.3%	91.1%
Black	0.4%	0.7%	1.1%
Native American	0.1%	0.1%	0.0%
Asian	1.0%	1.8%	1.4%
Pacific Islander	0.0%	0.2%	0.0%
Other	0.1%	0.0%	0.1%
Two Or More	2.1%	2.3%	4.0%
Hispanic	1.7%	2.7%	2.2%

Educational Attainment of Adults



Population over 25 24,265

Population by Age



Sources of Population Change

Births	3,442
- Deaths	-3,348
+ Migration	2,646
Total Change (2010-2019)	2,740

Population with a Disability¹

	2014	2019	2024
With a Disability	5,053	5,394	5,475

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	327	1,575	958	1,257	4,117
'15/'16	293	1,627	896	1,318	4,134
'16/'17	324	1,569	897	1,288	4,078
'17/'18	292	1,557	932	1,294	4,075
'18/'19	303	1,516	935	1,298	4,052
'19/'20	306	1,569	945	1,218	4,038
'20/'21	262	1,473	925	1,235	3,895
'21/'22	238	1,419	889	1,230	3,776
'22/'23	256	1,389	864	1,201	3,710
'23/'24	249	1,353	796	1,239	3,637

Veterans

	2014	2019	2024
Veterans	3,027	2,830	2,564

Median Age

2014	41.5
2019	41.8
2024	43

Life Expectancy 75.6 - 79.3

Under 18 18.2%

Over 65 19.6%

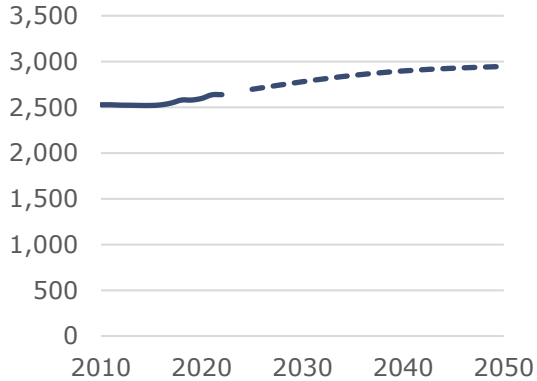
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Rollinsford, Strafford County

Population Trends and Projections



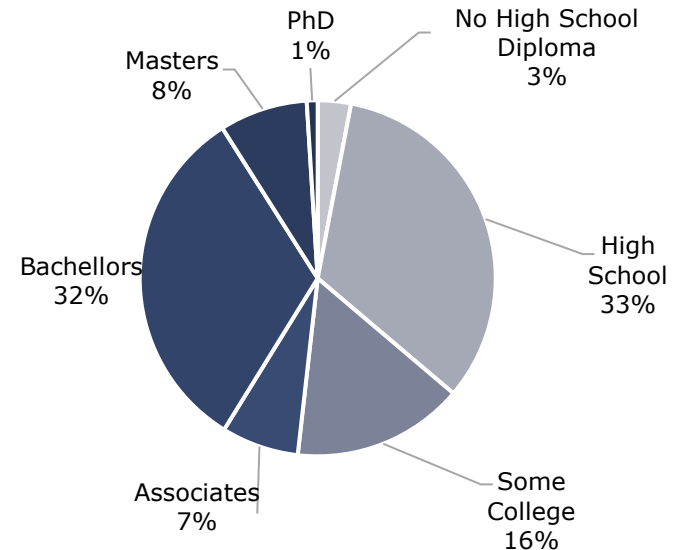
Population by Sex



Population by Race

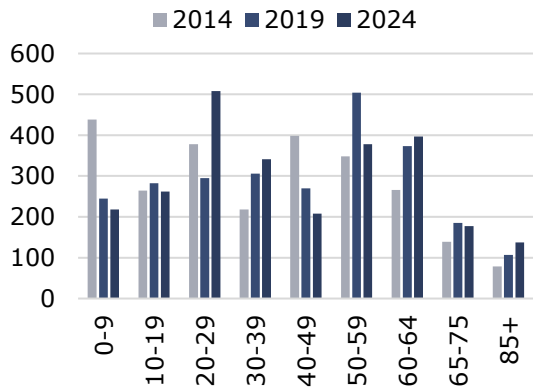
	2014	2019	2024
Non-Hispanic White	92.2%	93.4%	86.1%
Black	0.8%	2.5%	1.3%
Native American	0.2%	0.0%	0.0%
Asian	1.0%	0.0%	0.0%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.4%	0.0%	1.6%
Two Or More	1.9%	2.3%	8.2%
Hispanic	3.6%	1.9%	2.9%

Educational Attainment of Adults



Year	2010	2020	2022	2050
Population	2,527	2,597	2,638	2,947

Population by Age



Sources of Population Change

Births	259
- Deaths	-186
+ Migration	-3
Total Change (2010-2019)	70

Population over 25: 1,923

Population with a Disability¹

	2014	2019	2024
With a Disability	182	363	236

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	14	115	59	74	262
'15/'16	21	113	23	40	197
'16/'17	24	116	26	24	190
'17/'18	21	106	23	15	165
'18/'19	23	109	24	3	159
'19/'20	30	103	21	4	158
'20/'21	15	107	21	5	148
'21/'22	17	99	20	1	137
'22/'23	16	95	19	-	130
'23/'24	24	105	19	-	148

Year	Median Age	Life Expectancy
2014	38.7	82.1
2019	45.6	
2024	38.8	

Category	Percentage
Under 18	17.7%
Over 65	19.8%

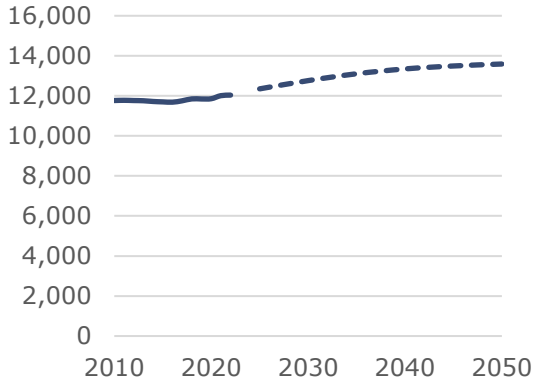
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Somersworth, Strafford County

Population Trends and Projections



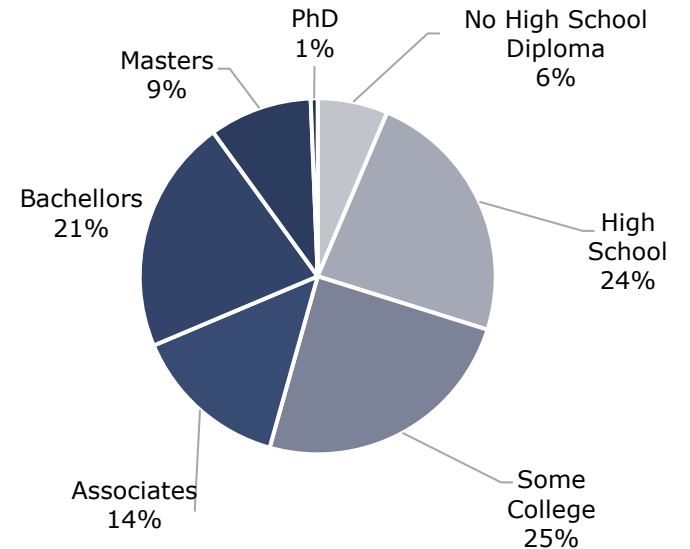
Population by Sex



Population by Race

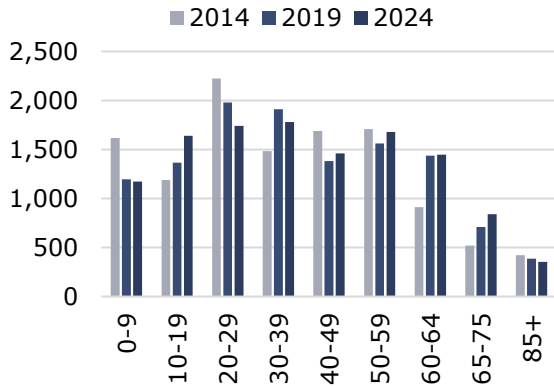
	2014	2019	2024
Non-Hispanic White	82.7%	83.0%	83.2%
Black	3.3%	3.2%	2.2%
Native American	0.0%	0.2%	0.0%
Asian	6.0%	6.6%	2.6%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.3%	0.3%	0.3%
Two Or More	2.9%	4.3%	5.8%
Hispanic	4.8%	2.4%	6.0%

Educational Attainment of Adults



Year	2010	2020	2022	2050
Population	11,766	11,855	12,037	13,591

Population by Age



Sources of Population Change

Births	1,556
- Deaths	-947
+ Migration	-520
Total Change (2010-2019)	89

Population over 25: 8,717

Population with a Disability¹

	2014	2019	2024
With a Disability	1,519	1,537	1,892

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	134	649	377	454	1,614
'15/'16	119	628	380	445	1,572
'16/'17	140	635	345	457	1,577
'17/'18	122	630	358	439	1,549
'18/'19	118	615	348	424	1,505
'19/'20	106	610	350	440	1,506
'20/'21	86	542	338	418	1,384
'21/'22	91	503	351	399	1,344
'22/'23	84	485	352	395	1,316
'23/'24	100	493	322	414	1,329

Veterans

	2014	2019	2024
Veterans	823	947	918

Median Age

2014	35.2
2019	36.9
2024	38.4

Life Expectancy

78.1-79.1	
Under 18	19.9%
Over 65	14.0%

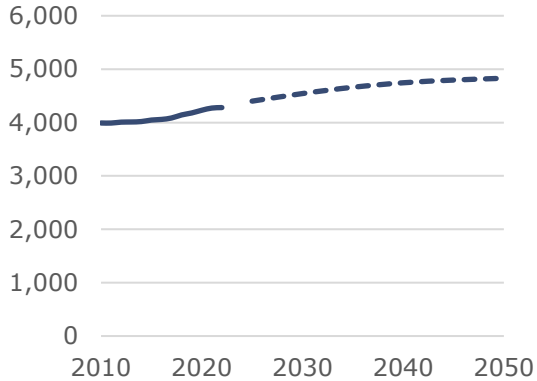
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Strafford, Strafford County

Population Trends and Projections



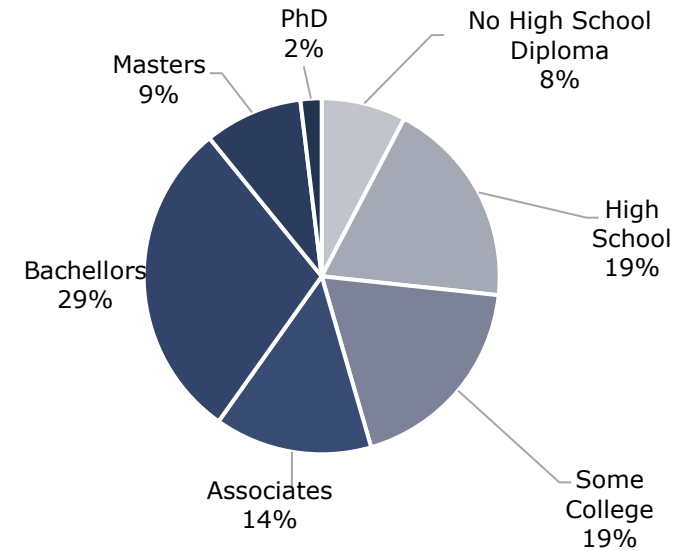
Population by Sex



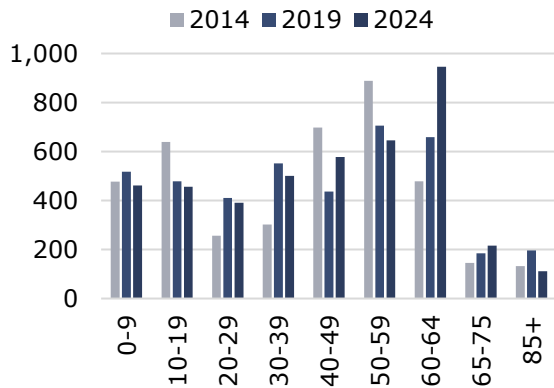
Population by Race

	2014	2019	2024
Non-Hispanic White	89.8%	94.6%	88.0%
Black	0.9%	0.9%	3.0%
Native American	0.0%	0.0%	0.0%
Asian	0.0%	0.1%	3.7%
Pacific Islander	0.0%	0.0%	0.0%
Other	1.0%	0.0%	0.0%
Two Or More	1.5%	0.2%	2.6%
Hispanic	6.8%	4.2%	2.7%

Educational Attainment of Adults



Population by Age



Sources of Population Change

Births	314
- Deaths	-234
+ Migration	159
Total Change (2010-2019)	239

Population over 25: 3,177

Population with a Disability¹

	2014	2019	2024
With a Disability	401	440	545

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	31	243	155	233	662
'15/'16	31	213	149	227	620
'16/'17	34	210	165	214	623
'17/'18	42	203	171	221	637
'18/'19	39	209	166	212	626
'19/'20	47	214	155	227	643
'20/'21	50	217	130	231	628
'21/'22	42	244	124	225	635
'22/'23	42	234	116	205	597
'23/'24	39	226	116	183	564

Year	Median Age	Life Expectancy
2014	45	81.2
2019	43.7	Under 18: 17.6%
2024	46.3	Over 65: 19.4%

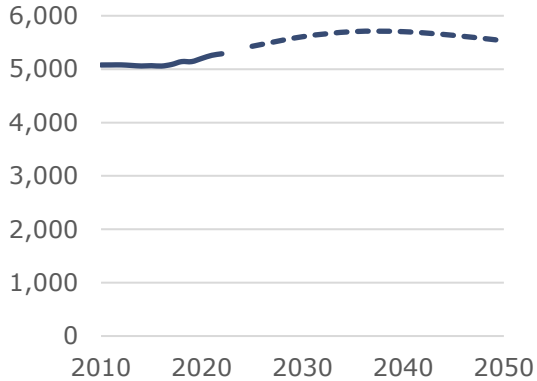
Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Community Profile

Demographics: Wakefield, Carroll County

Population Trends and Projections



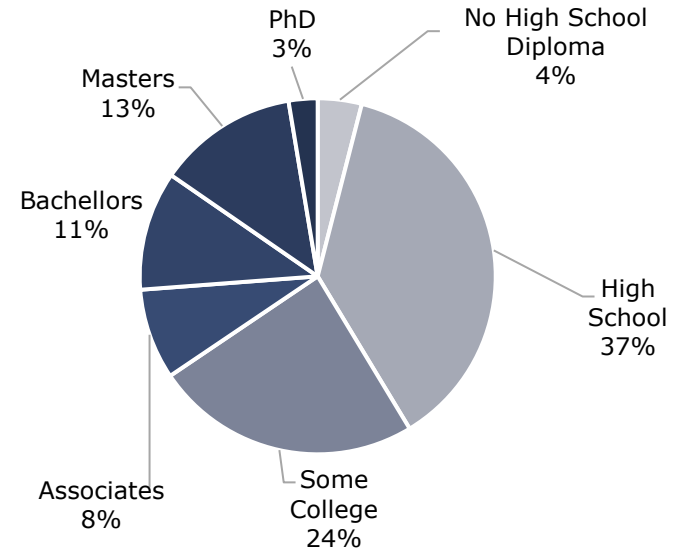
Population by Sex



Population by Race

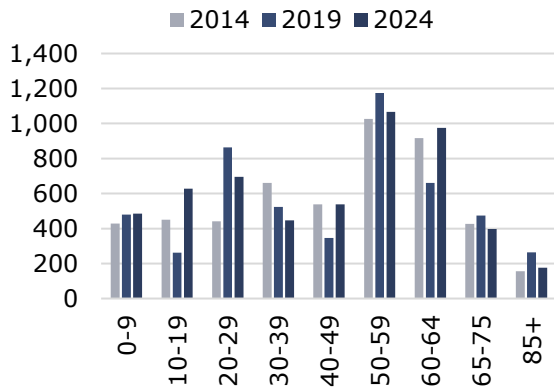
	2014	2019	2024
Non-Hispanic White	94.5%	99.3%	96.5%
Black	0.0%	0.0%	0.0%
Native American	0.5%	0.0%	0.0%
Asian	0.7%	0.0%	0.6%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.0%
Two Or More	1.5%	0.0%	1.1%
Hispanic	2.8%	0.7%	1.8%

Educational Attainment of Adults



Population over 25 3,881

Population by Age



Sources of Population Change

Births	426
- Deaths	-462
+ Migration	159
Total Change (2010-2019)	123

Population with a Disability¹

	2014	2019	2024
With a Disability	1,057	836	1,029

¹ People who reported having a disability when responding to the ACS.

Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	55	224	135	202	616
'15/'16	48	244	137	183	612
'16/'17	39	253	132	186	610
'17/'18	51	257	126	186	620
'18/'19	58	258	137	175	628
'19/'20	62	271	143	181	657
'20/'21	45	270	151	184	650
'21/'22	35	257	162	182	636
'22/'23	38	251	149	177	615
'23/'24	31	240	143	193	607

Median Age	Life Expectancy	83
2014 50.1	Under 18 18.7% Over 65 18.8%	
2019 51.8		
2024 49.4		

Veterans

	2014	2019	2024
Veterans	791	421	266

Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/DataSnapshot2025>

Data Sources

State Data

New Hampshire Department of Education. Town Enrollment Breakdown (October 2025). 2015-2025.

<https://my.doe.nh.gov/iPlatform/Report/DataReportsSubCategory?reportSubCategoryId=10>

New Hampshire Department of Environmental Services.

- Dams Inventory. 2025. SRPC. <https://granit.unh.edu/>
- Contaminated Sites. 2025. SRPC. <https://www.des.nh.gov/waste/contaminated-sites>
- Cyanobacteria Data. 2025. SRPC. Requested by SRPC
- Living Shorelines. 2022. New Hampshire. <https://www.nhcaw.org/greatbaylivingshorelineproject/>
- Designated Rivers, 2022. <https://www.arcgis.com/home/item.html?id=efcde572667546b498147a2a1c49cbf2>
- Wellhead Protection Areas, 2025. <https://nh-department-of-environmental-services-open-data-nhdes.hub.arcgis.com/datasets/NHDES::wellhead-protection-areas-2/about>
- Rivers and Streams Protected Under the Shoreland Protection Act, 2024. <https://nhdes.maps.arcgis.com/apps/webappviewer/index.html?id=7fc502c48d2248d7aa05ffd03ff6636c%20>

New Hampshire Department of Health and Human Services. Hospital Capacities. 2024. SRPC. Available to SRPC directly from NHDHHS

New Hampshire Department of Revenue Administration

- Meals & Rooms Tax Data. 1974-2025. [https://www.nheconomy.com/office-of-planning-and-development/what-we-do/state-data-center-\(census-data\)/economic-data](https://www.nheconomy.com/office-of-planning-and-development/what-we-do/state-data-center-(census-data)/economic-data)
- Municipal and Village Property Tax Rates. 2023-2025. <https://www.revenue.nh.gov/about-dra/municipal-and-property-division/municipal-and-property-reports/municipal-and-village>

New Hampshire Department of Transportation

- NH State Crash Database. 2012-2024. Available to SRPC through an agreement with NHDOT.
- Pavement Conditions. 2016-2024. Available to SRPC by request with NHDOT.
- Quarterly GIS Data Snapshot. February 2026. Statewide. Available from <https://ftp.granit.unh.edu/NHDOT/GIS%20Data%20Quarterly%20Snapshots/>

New Hampshire Employment Security

- Short Term Employment Projections. 2020-2030. Municipalities. <https://www.nhes.nh.gov/elmi/products/proj.htm>
- Employment Estimates. 2015. SRPC. Available to SRPC through an agreement with NHES
- Local Area Unemployment Statistics. New Hampshire Employment Security. 1991-2025. Counties, NH. <https://www.nhes.nh.gov/elmi/statistics/laus-arch.htm>

New Hampshire GRANIT GIS Clearinghouse

- National Hydrography Dataset Plus, 2024. <https://new-hampshire-geodata-portal-1-nhgranit.hub.arcgis.com/datasets/NHGRANIT::new-hampshire-stream-order-dataset/about>

- Statewide Aquifer Transmissivity For New Hampshire, 2020. <https://nh-granit-nhgranit.hub.arcgis.com/datasets/NHGRANIT::statewide-aquifer-transmissivity-for-new-hampshire/about>
- NH Watershed Boundaries (HUC12), 2019. <https://new-hampshire-geodata-portal-1-nhgranit.hub.arcgis.com/datasets/NHGRANIT::nh-watershed-boundaries-huc12/about>
- Coastal Conservation Focus Areas, 2021. <https://new-hampshire-geodata-portal-1-nhgranit.hub.arcgis.com/datasets/NHGRANIT::coastal-conservation-focus-areas-2021/about>

New Hampshire Office of Planning and Development data available from

[https://www.nheconomy.com/office-of-planning-and-development/what-we-offer/state-data-center-\(census-data\)](https://www.nheconomy.com/office-of-planning-and-development/what-we-offer/state-data-center-(census-data))

- County Population Projections, By Municipality. 2025-2050. Municipality.
- Population Estimates for New Hampshire Cities and Towns. 2011-2025. Municipality.

New Hampshire Secretary of State.

- Vital Statistics. 2010-2019. SRPC. Available to SRPC directly from NHSOS.
- Voting data. 2016-2024. <https://www.sos.nh.gov/elections>

National Data

Census Bureau

- Poverty Thresholds. 2024. US. <https://www.census.gov/data/tables/time-series/demo/income-poverty/historical-poverty-thresholds.html>
- American Community Survey 5-Year Estimates (Tables B01001, B01002, B03002, B08201, B15003, B17021, B18101, B19083, B25010, B25044, C16002, C17002, S1901) 2014, 2019, 2024. Tract, County Subdivision, County, NH. <https://data.census.gov/cedsci>
- Decennial Census. 2010. Blocks. <https://www.census.gov/geographies/mapping-files/time-series/geo/tiger-line-file.2010.html>
- Decennial Census. 2020. Blocks. <https://www.census.gov/geographies/mapping-files/time-series/geo/tiger-line-file.2020.html>

Census Bureau Center for Economic Studies

- Longitudinal Employer-Household Dynamics - Residence Area Characteristics. 2023. Blocks. <https://lehd.ces.census.gov/data/>
- Longitudinal Employer-Household Dynamics - Workplace Area Characteristics. US Census Bureau Center for Economic Studies. 2023. Blocks. <https://lehd.ces.census.gov/data/>
- Longitudinal Employer-Household Dynamics – Origin/Destination. US Census Bureau Center for Economic Studies. 2023. Blocks. <https://lehd.ces.census.gov/data/>
- Quarterly Workforce Indicators. 2015-2025. <https://lehd.ces.census.gov/data/>

Center for Disease Control

- National Vital Statistics System. Life Expectancy at Birth. 2000-2023. <https://www.cdc.gov/nchs/nvss/life-expectancy.htm>
- Arias E, Escobedo LA, Kennedy J, Fu C, Cisewski J. U.S. Small-area Life Expectancy Estimates Project: Methodology and Results Summary [PDF – 8 MB]. National Center for Health Statistics. Vital Health Stat 2(181). 2018. <https://www.cdc.gov/nchs/nvss/usaleep/usaleep.html>

Department of Energy. Alternative Fuel Data Center. 2025. SRPC. <https://afdc.energy.gov/>

Federal Emergency Management Agency. Hazard Risk Maps. 2025. SRPC.

<https://hazards.fema.gov/nri/map>

Federal Highway Administration

- Freight Analysis Framework. 2021-2024, 2030-50. Statewide. <https://faf.ornl.gov/faf5/Default.aspx>
- National Bridge Inventory. 2016-2025. Statewide. Available from <https://www.fhwa.dot.gov/bridge/nbi.cfm>

Federal Reserve Bank of New York. Survey of Consumer Expectations. 2013-2026.

<https://www.newyorkfed.org/microeconomics/sce#/>

Federal Reserve Economic Data (FRED) – St. Louis Fed.

- All Marginally Attached Workers for New Hampshire. 2015-2025. <https://fred.stlouisfed.org/series/ALLMARGATNH>
- Federal Interest Rates. 1954-2025. United States.
- Freddie Mac, 30-Year Fixed Rate Mortgage Average in the United States [MORTGAGE30US], retrieved from FRED, Federal Reserve Bank of St. Louis; <https://fred.stlouisfed.org/series/MORTGAGE30US>.
- U.S. Bureau of Economic Analysis, Per Capita Personal Income in Strafford County, NH [PCPI33017], retrieved from FRED, Federal Reserve Bank of St. Louis; <https://fred.stlouisfed.org/series/PCPI33017>.

Federal Transit Administration. National Transit Database. 2010-2024.

- Complete Monthly Ridership (2026). 2010-2025. <https://www.transit.dot.gov/ntd/data-product/monthly-module-adjusted-data-release>
- 2025 Annual Database Service Vehicle Inventory. <https://www.transit.dot.gov/ntd/data-product/2025-annual-database-service-vehicle-inventory>
- 2025 Annual Database Facility Inventory. <https://www.transit.dot.gov/ntd/data-product/2025-annual-database-facility-inventory>
- 2025 Vehicles. <https://www.transit.dot.gov/ntd/data-product/2025-vehicles>

National Highway Transportation Safety Administration. Fatality Analysis Reporting System.

2012-2024. SRPC. <https://www.nhtsa.gov/>

National Oceanic and Atmospheric Administration

- Monthly Maximum Snow Totals. 1999-2025. Town of Durham. City of Concord. <https://www.weather.gov/wrh/Climate?wfo=gyx>
- United States Billion-dollar Disaster Events. 1980-2024. United States. <https://www.ncei.noaa.gov/access/billions/>

Social Security Administration

- Old Age, Survivors, and Disability Insurance Beneficiaries by State and ZIP code (released December 2025). 2019-2025. https://www.ssa.gov/policy/docs/statcomps/oasdi_zip/index.html
- Social Security Insurance Monthly Statistics (released January 2026). 2018-2025. https://www.ssa.gov/policy/docs/statcomps/ssi_monthly/2025-12/index.html

United States Department of Agriculture. Plant Hardiness Zone Maps. 2012-2023. United States. <https://planthardiness.ars.usda.gov/pages/map-downloads>

United States Energy Information Administration (EIA). Renewable Energy. 2025. New Hampshire. <https://www.eia.gov/state/?sid=NH>

US Small Business Administration. 7(a) & 504 FOIA Reports. 2020-2026.

<https://data.sba.gov/en/dataset/7-a-504-foia>

Other Data

State of Connecticut. State of Connecticut - Minimum Wage Information.

<https://www1.ctdol.state.ct.us/lmi/ctminimumwage.asp>.

Maine Department of Labor. Title 26 Labor & Industry § 664 Minimum wage (2026).

https://www.maine.gov/labor/labor_laws/minimumwagefaq/

Massachusetts General Law. MGL c.151 (2026) [https://www.mass.gov/info-](https://www.mass.gov/info-details/massachusetts-law-about-minimum-wage)

[details/massachusetts-law-about-minimum-wage](https://www.mass.gov/info-details/massachusetts-law-about-minimum-wage)

Rhode Island Department of Labor & Training. RI General Law §28-12 (2025)

<https://dlt.ri.gov/regulation-and-safety/labor-standards/minimum-wage>

Vermont Department of Labor. 21 V.S.A. §384 (2025) [https://labor.vermont.gov/rights-](https://labor.vermont.gov/rights-and-wages)

[and-wages](https://labor.vermont.gov/rights-and-wages)

Alliance for Community Transportation. Monthly Ridership Report (March 2026). 2019-2026.

ACT Service Area. Available from ACT by request.

Regional Integrated Transportation Information System. National Performance Management

Research Data Set. 2017-2025. Statewide. <https://nprds.ritis.org/analytics/>

Rail Passengers Association. Ridership Statistics. 2013-2025. Statewide.

<https://www.railpassengers.org/tools-info/ridership-statistics/>

Great American Stations (Amtrak). America's Stations. 2017-2025. National.

<https://www.greatamericanstations.com/stations/>

Northern New England Rail Passenger Rail Authority. Downeaster Monthly Ridership History.

2012-2025. <https://www.nnepra.com/reports-stats/reports/>

New Hampshire Northcoast. Data provided directly by staff.

Wake, C., Knott, J., Lippmann, T., Stampone, M., Ballestero, T., Bjerklie, D., Burakowski, E., Glidden, S., Hosseini-Shakib, I., Jacobs, J. (2019). New Hampshire Coastal Flood Risk

Summary – Part I: Science. Prepared for the New Hampshire Coastal Flood Risk Science

and Technical Advisory Panel. Report published by the University of New Hampshire,

Durham, NH. <https://www.des.nh.gov/about/boards-and-committees/coastal-flood-risk>

Stampone, M., Wake, C., Burakowski, E. (2021). New Hampshire Climate Assessment 2021.

Report published by the University of New Hampshire, Durham, NH.

<https://scholars.unh.edu/cji/viewcontent.cgi?article=1071&context=sustainability>

New Hampshire Association of Realtors. Public data viewer: [https://nhar-](https://nhar-public.stats.showingtime.com/reports)

[public.stats.showingtime.com/reports](https://nhar-public.stats.showingtime.com/reports)

- Month Supply Inventory. 2017-2025. New Hampshire.
- Single Family Homes Average Days on the Market. 2011-2025. Counties, NH.
- Single Family Closed Sales. 2017-2025. Counties, NH.
- Homes for Sale. 2005-2025. Strafford County.
- Percent of List Price Received Over Asking. 2017-2025. Strafford County.

Zillow Observed Rent Index. 2024-2026. <https://www.zillow.com/research/data/>

Data Collected by Strafford Regional Planning Commission

- Bicycle Level of Traffic Stress. 2019.
- Building Permit Data. 2008-2022.
- Pedestrian Level of Traffic Stress. 2025.
- Sidewalk Inventory. 2018-2022.
- SRPC SLR Database. SRPC. 2014. SRPC. Available from <https://tinyurl.com/9bhwyjx>
- SRPC Land Use Data. 2010, 2022.
- SRPC Shoreland Water Quality Protection Act Protected Areas. 2020.