

# MIDDLETON COMMUNITY PROFILE

**SRPC** FISCAL  
YEAR  
**'25**  
DATA SNAPSHOT

**ACCEPTED:**

**STRAFFORD**  
Regional Planning Commission

# SRPC Regional Data Snapshot

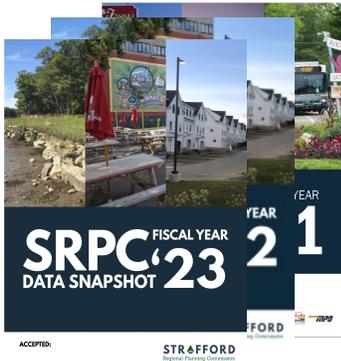
This document is a component of the SRPC Regional Data Snapshot.

SRPC conducts region-wide analysis of a number of data metrics each year for different projects and plans. The Regional Data Snapshot was a new document in 2021, and updated in April of each year, that contains many of these analyses in one place. The Data Snapshot covers demographics, economic vitality, livability and quality of life, mobility and accessibility, and resiliency. The Data Snapshot will be updated every year and additional metrics will be included as they are developed.

In addition to the data metrics that are tracked annually, SRPC is also tracking several COVID-19 specific metrics to track the region's recovery from the pandemic in the Regional COVID-19 Data Snapshot.

<https://straffordrpcnh.gov/measure/data-snapshot>

## Other Documents



Past Editions



Interactive Map Viewer



Community Profiles

## Staff



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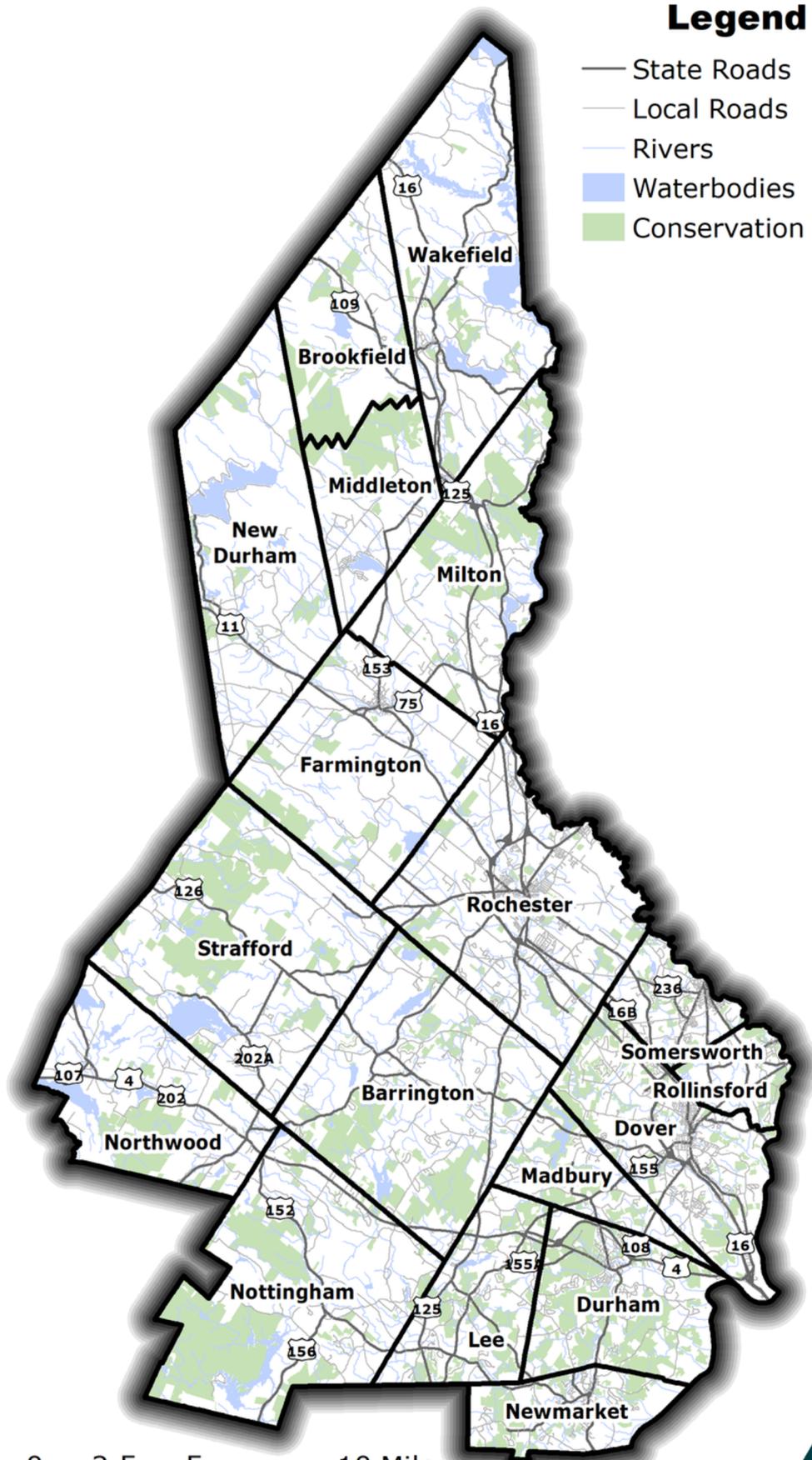
## Future Editions

Future editions of the Data Snapshot will include the following changes:

- Expand on topics including public health, water resources, recreation, and more.
- An appendix including data tables.
- An interactive data viewer for non-map data.

# Legend

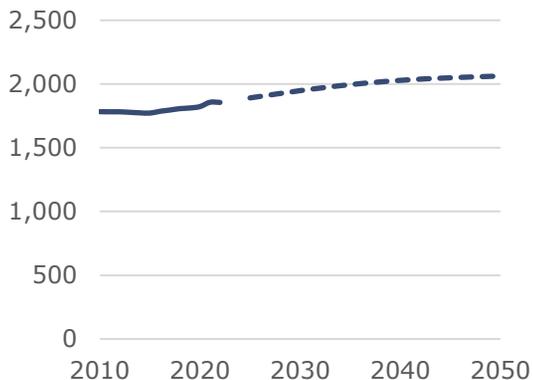
- State Roads
- Local Roads
- Rivers
- Waterbodies
- Conservation Lands



# Community Profile

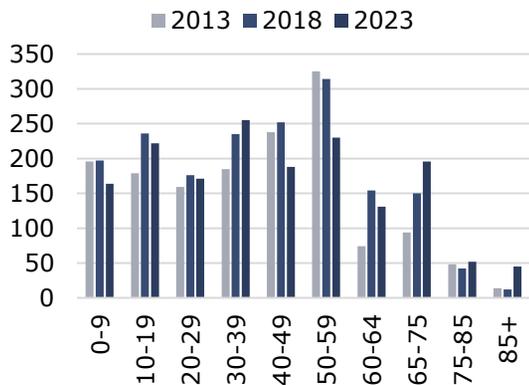
## Demographics: Middleton, Strafford County

### Population Trends and Projections



Year	Population
2010	1,783
2020	1,823
2022	1,856
2050	2,063

### Population by Age



Year	Median Age	Life Expectancy
2013	41.5	82.9
2018	41	Under 18: 21.8%
2023	41	Over 65: 17.7%

### Population by Sex



### Population by Race

Race	2013	2018	2023
Non-Hispanic White	98.4%	96.3%	88.9%
Black	0.4%	0.8%	1.4%
Native American	0.2%	0.0%	0.2%
Asian	0.0%	0.0%	1.9%
Pacific Islander	0.0%	0.0%	0.0%
Other	0.0%	0.0%	0.0%
Two Or More	0.7%	2.1%	5.3%
Hispanic	0.3%	0.8%	2.3%

### Sources of Population Change

Births	170
- Deaths	-117
+ Migration	-13
<b>Total Change (2010-2019)</b>	<b>40</b>

### Population with a Disability<sup>1</sup>

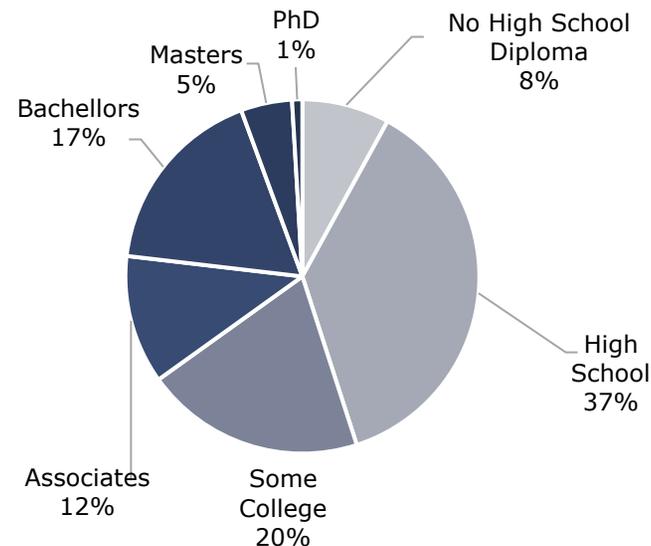
Year	2013	2018	2023
With a Disability	223	209	226

<sup>1</sup> People who reported having a disability when responding to the ACS.

### Veterans

Year	2013	2018	2023
Veterans	1,057	131	161

### Educational Attainment of Adults



Population over 25: 1,175

### Public School Enrollment

Year	Kind.	Elem.	Mid.	High	Total
'14/'15	16	103	57	82	258
'15/'16	13	93	65	67	238
'16/'17	16	96	62	84	258
'17/'18	17	90	65	75	247
'18/'19	15	92	66	79	252
'19/'20	24	84	59	87	254
'20/'21	23	91	57	78	249
'21/'22	29	97	54	74	254
'22/'23	19	110	55	77	261
'23/'24	17	110	55	68	250

Data Sources: US Census Bureau ACS, NH BEA OPD, NH Department of Education, CDC, NH Secretary of State Vital Statistics

Learn more at <https://tinyurl.com/SRPCDataSnapshot2025>

# Community Profile

## Economic Vitality: Middleton, Strafford County

### Employment

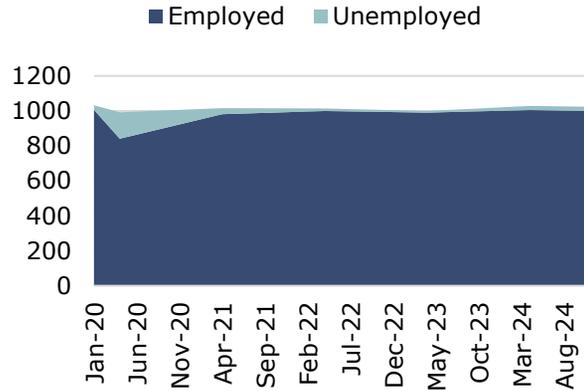
Employment Projections	2015	2025	2035	2045
	140	148	156	165

### Labor Force Efficiency



- Lives here, Works elsewhere
- Lives here and Works here
- Lives elsewhere, Works here

### Labor Force



Month	Labor Force	Employed	Unemployment Rate
Jan. 2020	1,032	1,006	2.5%
Apr. 2020	992	841	15.2%
Apr. 2021	1,016	981	3.4%
Apr. 2022	1,014	999	1.5%
Apr. 2023	1,000	990	1.0%
Jan. 2024	1,029	1,004	2.4%

### Recovery from Initial COVID Disruptions to Labor Force

As of January 2025, the Civilian Labor Force **has not recovered** and the Unemployment rate **has recovered** to pre-COVID trends. ("Recovered" indicates that each month from Oct. '24 to Jan. '25 was better than the same period in '19-'20)

### Household Incomes

Year	Median	All	Owners	Renters
2013	\$58,472	\$60,667	\$21,923	
2018	\$73,990	\$78,050	\$62,222	
2023	\$101,375	\$107,813	\$0	

Income	All	Owners	Renters
Households	597	566	31
<\$10K	1.2%	1.2%	0.0%
\$10-15K	0.5%	0.5%	0.0%
\$15-25K	5.7%	4.9%	19.4%
\$25-35K	3.9%	4.1%	0.0%
\$35-50K	6.9%	5.7%	29.0%
\$50-75K	13.7%	14.0%	9.7%
\$75-100K	17.3%	16.6%	29.0%
\$100-150K	31.2%	32.7%	3.2%
> \$150K	19.8%	20.3%	9.7%

### Poverty and Income Inequality

#### Population in households...

Under 100% of Poverty Level	102
Under 200% of Poverty Level	1,392

#### Households with incomes...

Less than full time Min. Wage (\$15,080 per year)	1.7%
Less than the Living Wage for 1 Adult: \$54,309 for Strafford County*	18.1%

\* Rounding down to income bracket in table

<b>Gini Index</b>	0.33
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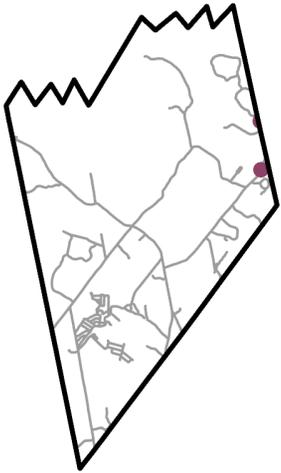
	Lives Here Works	Here Away	Here Here	Away Here
Total	843	26	190	
Worker Age	Under 25	189	5	36
	30 - 54	395	12	83
	Over 55	259	9	71
Monthly Income	< \$1,250	131	7	36
	\$1,250 - \$3,333	166	5	28
	> \$3,333	546	14	126
Sector	Producing	180	4	23
	Trade, Transportation, and Utilities	164	13	92
	All others	499	9	75

Data Sources: US Census Bureau ACS and LEHD, MIT Living Wage Calculator, NHES LAUS

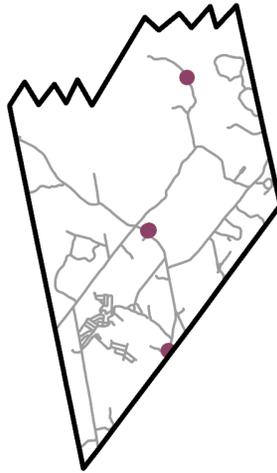
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# Community Profile

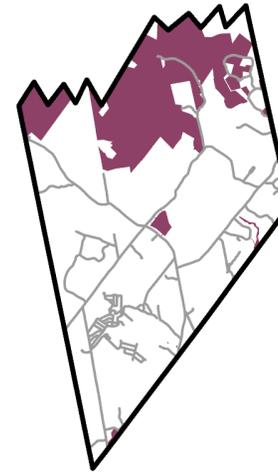
## Livability and Quality of Life: Middleton, Strafford County



**Fatal Crashes  
(2013-2023)**



**Recreation Sites**



**Conservation and  
Public Lands**

Square Miles: 3.98

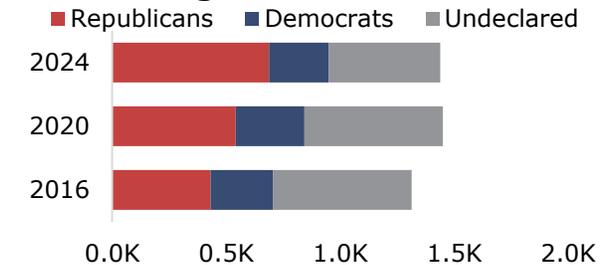
Percent of Total Land: 21%

Year	Fatalities	Serious Injuries
2013	0	0
2014	0	1
2015	0	0
2016	0	0
2017	0	2
2018	0	0
2019	0	1
2020	0	1
2021	1	0
2022	0	0
2023	0	0
<b>Total</b>	<b>1</b>	<b>5</b>

Recreation Site Type	Count
Playgrounds	1
Parks	0
Trails/open land	1
Sports	1
Beaches/pools	1
Boat launch/etc.	0
Winter	0
Other	0
<b>Total</b>	<b>4</b>

### Civic Participation

#### Registered Voters



#### Participation in past elections

Year	Registered	Ballots Cast	Rate
2020	1,451	1,048	72%
2024	1,439	1,148	80%

Data Sources: USDOT NHTSA FARS, NHDOS, SRPC POP!, GRANIT, NHSOS.

Learn more at <https://tinyurl.com/SRPCDataSnapshot2025>

# Community Profile

## Housing: Middleton, Strafford County

### Housing Stock

Occupancy	2013	2018	2023
Total	793	796	793
Occupied	554	623	597
Vacant	239	173	196

### Residential Building Permits

Permit Type	2000-09	2010-19	2020-22
Single Family	144	21	3
Multi-Family	0	4	0
Mobile Home	31	0	0
Other	9	0	0
Total	184	25	3

### Stock by Age

	All	Owner	Renter
Before 1940	54	41	13
1940-1979	190	181	9
1980-1999	170	163	7
2000-2009	122	122	0
After 2010	20	15	5

### Units In Structure

Units	Count
1	778
2	15
3-9	0
10-50	0
>50	0

### Bedrooms in Unit

Bedrooms	Count
0	4
1	42
2	281
3	353
4+	113

### Household Tenure



### Average Household Size

	2013	2018	2023
All	2.73	2.84	2.77
Owner	2.72	2.73	2.78
Renter	2.85	3.47	2.55

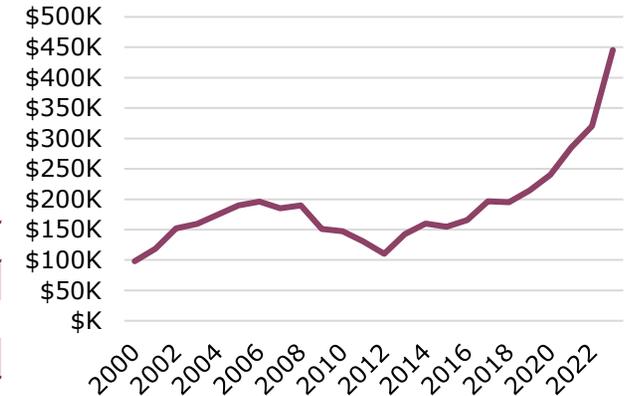
### Household Size and Type

Size	2013	2018	2023
1	96	123	107
2	198	233	238
3	122	119	99
4	108	86	52
5+	30	62	101
Family	424	451	448
Married Couple	333	360	374
Other	91	91	74
Non-Family	130	172	149
Live Alone	96	123	107
Not Alone	34	49	42

### Property Tax Rates

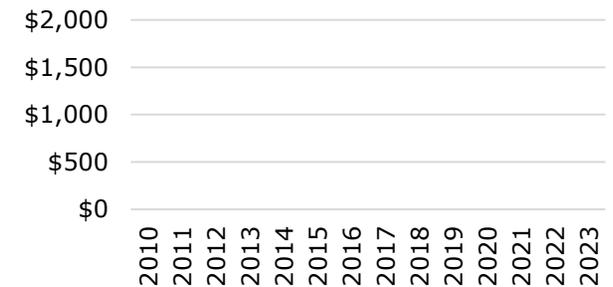
	2010	2020	2024
Rate per \$1,000	\$16.92	\$28.27	\$15.54

### Median Purchase Price



**In 2023** the median purchase price was \$445,500 and a 10% down payment was \$44,550. The monthly payment for a home of this price would be \$3,794.

### Median Rent



### Housing Market Status

#### Single Family Home Sales 2024

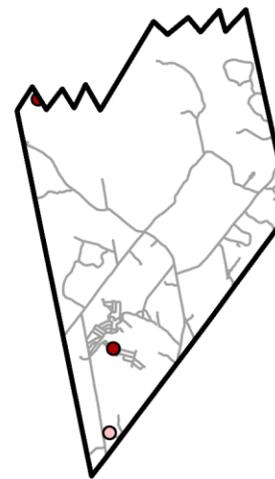
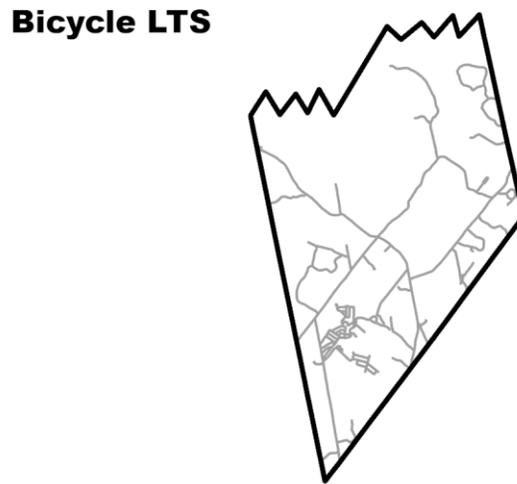
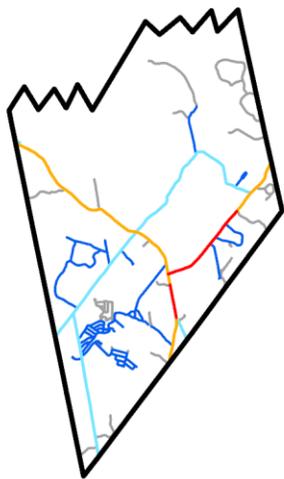
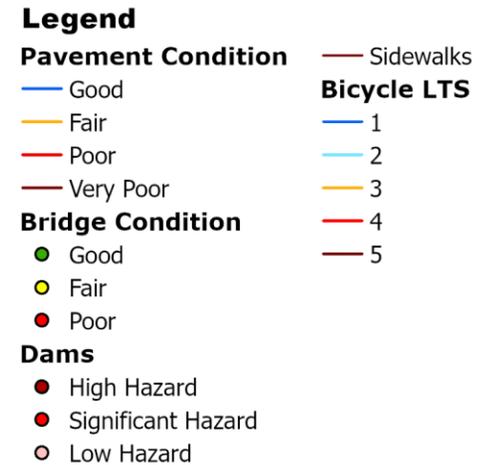
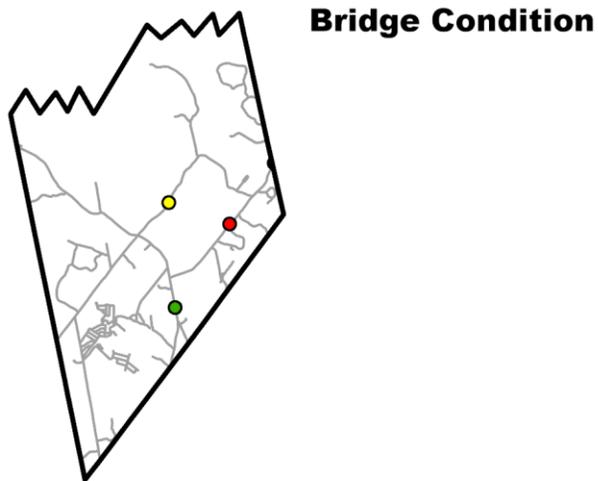
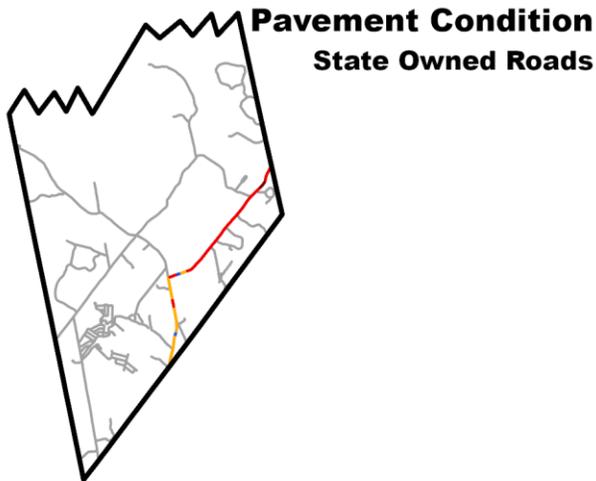
Closed Sales	1 total in 2024
Days on Market	Min. 5 in 2024 (Jan)
Months Supply	Min. 1 in 2024 (Jan)

Data Sources: US Census Bureau ACS, SRPC Building Permit Database, NHHFA, NH Public Finance Consortium, NH Association of Realtors

Learn more at <https://tinyurl.com/SRPCDataSnapshot2025>

# Community Profile

## Mobility and Accessibility: Middleton, Strafford County



**Dams**

### Served by...

Amtrak	No
COAST	No
Wildcat	No
ACT Providers	Yes

### Legislative Class of Roads

1-4 (State and Federal)	14.42
5 (Local)	25.81
6 (Unmaintained)	1.95
<b>Total</b>	<b>42.18</b>

### Bike and Pedestrian

<b>Infrastructure Miles</b>	
Low BLTS (1-2)	22.62
High BLTS (3-5)	7.38
Sidewalks	0.00

### Bridges and Dams

Total Bridges	0
Red List Bridges	1
Total Dams	4
High Hazard Dams	2

Data Sources: NHDOT, NHDES, Amtrak, COAST, UNH, SRPC BLTS, SRPC Sidewalks

Learn more at <https://tinyurl.com/SRPCDataSnapshot2025>

# Community Profile

## Resiliency: Middleton, Strafford County

### Contamination Sites

Open Remediation	1
Closed Remediation	8
<b>Total Sites</b>	<b>9</b>

### Hazard Mitigation Plans

Status	Active
Expiration Date	01/21/30

### USDA Plant Hardiness

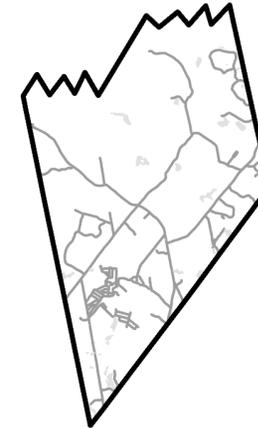
Zones in 2012	5A
Average Extreme Min. Temp. Tolerated	-20 to -15

Zones in 2023	5B
Average Extreme Min. Temp. Tolerated	-15 to -10

### FEMA Risk Ratings

Risk Type	Rating (Summary of Census Tracts)
Coastal Flooding	No Rating
Riverine Flooding	Relatively Moderate
Cold Wave	Relatively Low
Heat Wave	Relatively Low
Tornado	Relatively Low
Hurricane & Tropical Storms	Relatively Moderate
Hail	Very Low
Landslide	Relatively Moderate
Ice Storm	Relatively Moderate
Winter Weather	Relatively Low
Drought	No Rating
Wildfire	Relatively Low
Lightning	Relatively High
Strong Winds	Relatively Moderate

### Cyanobacteria Alert Days



**Cyanobacteria (Since 2009)**



**Cyanobacteria (2024)**

### Legend

Cyanobacteria (Since 2009)	Cyanobacteria (2024)
0	0 Days
1-24 Days	1-24 Days
50-99 Days	25-49 Days
25-49 Days	> 50 Days
100-199 Days	
> 200 Days	

Data Sources: NHDES, USDA, FEMA

Learn more at <https://tinyurl.com/SRPCDataSnapshot2025>

# Data Sources

## State Data

### New Hampshire Employment Security

- Short Term Employment Projections. 2020-2030. Municipalities. <https://www.nhes.nh.gov/elmi/products/proj.htm>
- Employment Estimates. 2015. SRPC. Available to SRPC through an agreement with NHES
- Local Area Unemployment Statistics. New Hampshire Employment Security. 1991-2024. Counties, NH. <https://www.nhes.nh.gov/elmi/statistics/laus-arch.htm>

### New Hampshire Department of Revenue. 2024 Annual Report. 2018-2024. Counties.

<https://www.revenue.nh.gov/publications/reports/documents/2023-annual-report.pdf>

### New Hampshire Office of Strategic Initiatives data available from

[https://www.nheconomy.com/office-of-planning-and-development/what-we-offer/state-data-center-\(census-data\)](https://www.nheconomy.com/office-of-planning-and-development/what-we-offer/state-data-center-(census-data))

- County Population Projections, By Municipality. 2015-2040. Municipality.
- Housing and Household Data. 2000-2024. Municipality.
- Population Estimates for New Hampshire Cities and Towns. 2011-2024. Municipality.

### New Hampshire Department of Environmental Services.

- Dams Inventory. 2021. SRPC. <https://granit.unh.edu/>
- Contaminated Sites. 2024. SRPC. <https://www.des.nh.gov/waste/contaminated-sites>
- Cyanobacteria Data. 2024. SRPC. Requested by SRPC
- Living Shorelines. 2022. New Hampshire. <https://www.nhcaw.org/greatbaylivingshorelineproject/>
- Designated Rivers, 2023. <https://www.arcgis.com/home/item.html?id=efcde572667546b498147a2a1c49cbf2>
- Wellhead Protection Areas, 2025. <https://nh-department-of-environmental-services-open-data-nhdes.hub.arcgis.com/datasets/NHDES::wellhead-protection-areas-2/about>
- Rivers and Streams Protected Under the Shoreland Protection Act, 2024. <https://nhdes.maps.arcgis.com/apps/webappviewer/index.html?id=7fc502c48d2248d7aa05ffd03ff6636c%20>

### New Hampshire GRANIT GIS Clearinghouse

- National Hydrography Dataset Plus, 2022. <https://new-hampshire-geodata-portal-1-nhgranit.hub.arcgis.com/datasets/NHGRANIT::new-hampshire-stream-order-dataset/about>
- Statewide Aquifer Transmissivity For New Hampshire, 2022. <https://nh-granit-nhgranit.hub.arcgis.com/datasets/NHGRANIT::statewide-aquifer-transmissivity-for-new-hampshire/about>
- NH Watershed Boundaries (HUC12), 2019. <https://new-hampshire-geodata-portal-1-nhgranit.hub.arcgis.com/datasets/NHGRANIT::nh-watershed-boundaries-huc12/about>
- Coastal Conservation Focus Areas, 2021. <https://new-hampshire-geodata-portal-1-nhgranit.hub.arcgis.com/datasets/NHGRANIT::coastal-conservation-focus-areas-2021/about>

### New Hampshire Department of Transportation

- NH State Crash Database. 2012-2024. SRPC. Available to SRPC through an agreement with NHDOT

- Pavement Conditions. 2016-2024. SRPC. <https://www.nh.gov/dot/org/projectdevelopment/planning/gis-data-catalog/>
- Quarterly GIS Data Snapshot. April 2025. Statewide. Available from [ftp://pubftp.nh.gov/DOT/Planning%20and%20Community%20Assistance/Road%20Data/Quarterly Data Snapshots/](ftp://pubftp.nh.gov/DOT/Planning%20and%20Community%20Assistance/Road%20Data/Quarterly%20Data%20Snapshots/)

New Hampshire Housing Finance Authority

- Purchase Price Trends. 2024. SRPC. <https://www.nhhfa.org/publications-data/housing-and-demographic-data/>
- Rental Cost Trends. 2024. SRPC. <https://www.nhhfa.org/publications-data/housing-and-demographic-data/>

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- Hospital Capacities. 2024. SRPC. Requested by SRPC

New Hampshire Secretary of State.

- Vital Statistics. 2010-2019. SRPC. Available to SRPC by request.
- Voting data. 2016-2024. <https://www.sos.nh.gov/elections>

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- Town Enrollment Breakdown (October 2024). 2015-2024. <https://my.doe.nh.gov/iPlatform/Report/DataReportsSubCategory?reportSubCategoryId=9>

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- Meals & Rooms Tax Data. 1974-2025. [https://www.nheconomy.com/office-of-planning-and-development/what-we-do/state-data-center-\(census-data\)/economic-data](https://www.nheconomy.com/office-of-planning-and-development/what-we-do/state-data-center-(census-data)/economic-data)
- Municipal and Village Property Tax Rates. 2023-2025. <https://www.revenue.nh.gov/about-dra/municipal-and-property-division/municipal-and-property-reports/municipal-and-village>

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- National Bridge Inventory. 2016-2024. Statewide. Available from <https://www.fhwa.dot.gov/bridge/nbi.cfm>

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- 2024 Annual Database Service Vehicle Inventory. <https://www.transit.dot.gov/ntd/data-product/2024-annual-database-service-vehicle-inventory>
- 2024 Annual Database Facility Inventory. <https://www.transit.dot.gov/ntd/data-product/2024-annual-database-facility-inventory>
- 2024 Vehicles. <https://www.transit.dot.gov/ntd/data-product/2024-vehicles>

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- American Community Survey 5-Year Estimates (Tables B01001, B01002, B03002, B08201, B15003, B17021, B18101, B19083, B25010, B25044, C16002, C17002, S1901) 2013, 2018, 2023. Tract, County Subdivision, County, NH. <https://data.census.gov/cedsci>
- Decennial Census. 2010. Blocks. <https://www.census.gov/geographies/mapping-files/time-series/geo/tiger-line-file.2010.html>
- Decennial Census. 2020. Blocks. <https://www.census.gov/geographies/mapping-files/time-series/geo/tiger-line-file.2020.html>

#### Census Bureau Center for Economic Studies

- Longitudinal Employer-Household Dynamics - Residence Area Characteristics. 2022. Blocks. <https://lehd.ces.census.gov/data/>
- Longitudinal Employer-Household Dynamics - Workplace Area Characteristics. US Census Bureau Center for Economic Studies. 2022. Blocks. <https://lehd.ces.census.gov/data/>
- Longitudinal Employer-Household Dynamics – Origin/Destination. US Census Bureau Center for Economic Studies. 2022. Blocks. <https://lehd.ces.census.gov/data/>
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- National Vital Statistics System. Life Expectancy at Birth. 2000-2022. <https://www.cdc.gov/nchs/nvss/life-expectancy.htm>
- Arias E, Escobedo LA, Kennedy J, Fu C, Cisewski J. U.S. Small-area Life Expectancy Estimates Project: Methodology and Results Summary [PDF – 8 MB]. National Center for Health Statistics. Vital Health Stat 2(181). 2018. <https://www.cdc.gov/nchs/nvss/usaleep/usaleep.html>

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- United States Billion-dollar Disaster Events. 1980-2024. United States. <https://www.ncei.noaa.gov/access/billions/>

#### Federal Emergency Management Agency

- Hazard Risk Maps. 2024. SRPC. <https://hazards.fema.gov/nri/map>

#### United States Department of Agriculture

- Plant Hardiness Zone Maps. 2012-2023. United States. <https://planthardiness.ars.usda.gov/pages/map-downloads>

#### United States Energy Information Administration (EIA)

- Renewable Energy. 2023. New Hampshire <https://www.eia.gov/state/?sid=NH>

#### Federal Reserve Economic Data (FRED) – St. Louis Fed.

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